

Tina Dabi's IAS Preparation Time Table

Time	What to do
7:00 AM	Wake up and freshen up
7:30 AM	Newspaper time
8:30 AM	Slot 1 of studies
9:00 AM – 12:00 PM	Current Affairs time
1:00 PM – 2:00 PM	Lunch time
2:00 PM – 3:00 PM	Break/leisure
3:00 PM – 5:00 PM	Slot 2 of studies
5:00 PM – 8:00 PM	Revision time
8:00 PM – 9:00 PM	Dinner time
9:00 PM – 11:00 PM	Slot 3 of studies
11:00 PM – 12:00 AM	Break/leisure
12:00 AM	Sleep