

Chapter 13

WHY DO WE FALL ILL

Multiple Choice Questions

1. Which one of the following is not a viral disease?
 - (a) Dengue
 - (b) AIDS
 - (c) Typhoid
 - (d) Influenza
2. Which one of the following is not a bacterial disease?
 - (a) Cholera
 - (b) Tuberculosis
 - (c) Anthrax
 - (d) Influenza
3. Which one of the following disease is not transmitted by mosquito?
 - (a) Brain fever
 - (b) Malaria
 - (c) Typhoid
 - (d) Dengue
4. Which one of the following disease is caused by bacteria?
 - (a) Typhoid
 - (b) Anthrax
 - (c) Tuberculosis
 - (d) Malaria
5. Which one of the following diseases is caused by protozoans?
 - (a) Malaria
 - (b) Influenza
 - (c) AIDS
 - (d) Cholera
6. Which one of the following has a long term effect on the health of an individual?
 - (a) Common cold
 - (b) Chicken pox
 - (c) Chewing tobacco
 - (d) Stress

7. Which of the following can make you ill if you come in contact with an infected person?
- (a) High blood pressure
 - (b) Genetic abnormalities
 - (c) Sneezing
 - (d) Blood cancer
8. AIDS cannot be transmitted by
- (a) sexual contact
 - (b) hugs
 - (c) breast feeding
 - (d) blood transfusion
9. Making anti-viral drugs is more difficult than making anti-bacterial medicines because
- (a) viruses make use of host machinery
 - (b) viruses are on the border line of living and non-living
 - (c) viruses have very few biochemical mechanisms of their own
 - (d) viruses have a protein coat
10. Which one of the following causes kala-azar?
- (a) *Ascaris*
 - (b) *Trypanosoma*
 - (c) *Leishmania*
 - (d) Bacteria
11. If you live in a overcrowded and poorly ventilated house, it is possible that you may suffer from which of the following diseases
- (a) Cancer
 - (b) AIDS
 - (c) Air borne diseases
 - (d) Cholera
12. Which disease is not transmitted by mosquitoes?
- (a) Dengue
 - (b) Malaria
 - (c) Brain fever or encephalitis
 - (d) Pneumonia
13. Which one of the following is not important for individual health?
- (a) Living in clean space
 - (b) Good economic condition
 - (c) Social equality and harmony
 - (d) Living in a large and well furnished house

14. Choose the wrong statement
- (a) High blood pressure is caused by excessive weight and lack of exercise.
 - (b) Cancers can be caused by genetic abnormalities
 - (c) Peptic ulcers are caused by eating acidic food
 - (d) Acne is not caused by staphylococci
15. We should not allow mosquitoes to breed in our surroundings because they
- (a) multiply very fast and cause pollution
 - (b) are vectors for many diseases
 - (c) bite and cause skin diseases
 - (d) are not important insects
16. You are aware of Polio Eradication Programme in your city. Children are vaccinated because
- (a) vaccination kills the polio causing microorganisms
 - (b) prevents the entry of polio causing organism
 - (c) it creates immunity in the body
 - (d) all the above
17. Viruses, which cause hepatitis, are transmitted through
- (a) air
 - (b) water
 - (c) food
 - (d) personal contact
18. Vectors can be defined as
- (a) animals carry the infecting agents from sick person to another healthy person
 - (b) microorganisms which cause many diseases
 - (c) infected person
 - (d) diseased plants

Short Answer Questions

19. Give two examples for each of the following
- (a) Acute diseases
 - (b) Chronic diseases
 - (c) Infectious diseases
 - (d) Non-infectious diseases
20. Name two diseases caused by Protozoans
What are their causal organisms?
21. Which bacterium causes peptic ulcers?
Who discovered the above pathogen for the first time?

- 22.** What is an antibiotic? Give two examples
- 23.** Fill in the blanks
- (a) Pneumonia is an example of _____ disease.
 - (b) Many skin diseases are caused by_____.
 - (c) Antibiotics commonly block biochemical pathways important for the growth of _____.
 - (d) Living organisms carrying the infecting agents from one person to another are called _____.
- 24.** Name the target organs for the following diseases
- (a) Hepatitis targets_____.
 - (b) Fits or unconsciousness targets _____.
 - (c) Pneumonia targets _____.
 - (d) Fungal disease targets _____.
- 25.** Who discovered 'vaccine' for the first time?
Name two diseases which can be prevented by using vaccines.
- 26.** Fill in the blanks
- (a) _____ disease continues for many days and causes_____ on body.
 - (b) _____disease continues for a few days and causes no longer term effect on body.
 - (c) _____ is defined as physical, mental and social well-being and comfort.
 - (d) Common cold is_____ disease.
 - (e) Many skin diseases are caused by_____.
- 27.** Classify the following diseases as infectious or non-infectious.
- (a) AIDS
 - (b) Tuberculosis
 - (c) Cholera
 - (d) High blood pressure
 - (e) Heart disease
 - (f) Pneumonia
 - (g) Cancer
- 28.** Name any two groups of micro-organisms from which antibiotics could be extracted.
- 29.** Name any three diseases transmitted through vectors.

Long Answer Questions

- 30.** Explain giving reasons
 - (a) Balanced diet is necessary for maintaining healthy body.
 - (b) Health of an organism depends upon the surrounding environmental conditions.
 - (c) Our surrounding area should be free of stagnant water.
 - (d) Social harmony and good economic conditions are necessary for good health.
- 31.** What is a disease? How many types of diseases have you studied? Give examples.
- 32.** What do you mean by disease symptoms? Explain giving two examples?
- 33.** Why is immune system essential for our health?
- 34.** What precautions will you take to justify "prevention is better than cure".
- 35.** Why do some children fall ill more frequently than others living in the same locality?
- 36.** Why are antibiotics not effective for viral disease?
- 37.** Becoming exposed to or infected with an infectious microbe does not necessarily mean developing noticeable disease. Explain.
- 38.** Give any four factors necessary for a healthy person.
- 39.** Why is AIDS considered to be a 'Syndrome' and not a disease?