

UNIT - 1

3. LET US PLAY



Mastan, Rahim, Latha, Kamala, Jani and Giri went to the play ground. Many children were there. They were playing different games. Shall we see what games they are playing?



- ◆ Write the names of the games that are being played by the children in the picture above.
- ◆ Do you also play the same games? Write the names of any other games you play.
- ◆ Everybody loves to play games... why should we play games?



We feel happy when we play games in free time. Our body gets good exercise. The bones and muscles become strong. The values like co-operation, working together etc will develop.



Types of games

Giri played many games with his sisters at home on Sunday. Mastan played many games with his friends in the play ground.

What games Giri might have played at home? What games Mastan might have played in the play ground? Discuss in groups and fill in the table.

Games played inside home	Games played outside/in the play ground





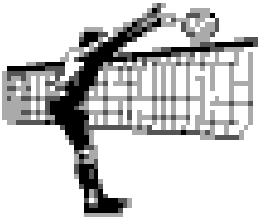
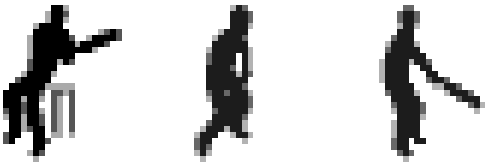





You have prepared the table of games played in and outside the house. Did your mother, father and grandparents play the same games during their childhood? What games did they play? Find out and write.

Games you play at present	Games played by grandparents/parents during their childhood

- ◆ Observe and write the names of the games played by your grand parents parents which are similar to the games played by you.
- ◆ Write the names of the games not played by you, but played by your grandparents / parents.



Observe the pictures given below. List out the sports materials required to play these games. Where do we play them? Inside home? Outside home? Fill in the table.

Games	Sports material required	Where the game is played  
		
		
		
		
		
		
		





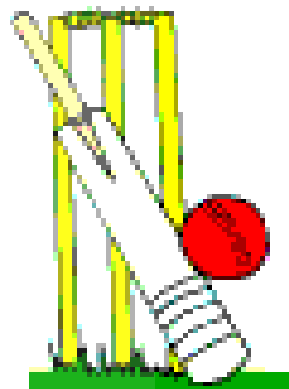
Different types of games

You play different games. Of these some are played by a single person and some will be played in groups. Some games require more number of players. Discuss in groups and write down the details of these games in the table below.

Games played by a Single person	Games played by two persons	Games played by more than two persons

Sports equipments / Games materials

Siva, Nikhil and Ajit went to play cricket in the evening. They took bat, ball and wickets along with them. We need material to play certain games. Some games do not require any material. The game "hide and seek" doesn't require any material.



Fill in table with the names of the games which require or do not require games material.

Games which do not require material	Games which require material



Games - Rules

Ramu, Jani, Gopi, Sreenu, Murali and Mastan were playing kabaddi. Disputes arose during the play. Arguments accrued on the faults committed. The game was stopped. Murali, Jani, Mastan left the game and went home saying they won't play.

Now think! think!:

- ◆ Why did the children stop playing the game?
- ◆ What should be done to avoid disputes during the game? Think

All games have rules. We should play the games according to the rules. Rules shouldn't be ignored. Games should be played without keeping in mind victory and defeat. Playing games every day improves health and friendship.

It was 14th november. Games competitions were conducted for all the children on the occasion of Children's Day. Gopi ran faster than others and won the first prize in the running race. The children and the teachers appreciated Gopi.

- ◆ When did you appreciate the children in your school who played well?
- ◆ How do you appreciate the winning team?

Key words

1. Types of games
2. Games played inside home
3. Games played outside home
4. Games material
5. Rules of games
6. Games played by a single person
7. Games played by two persons
8. Games played in groups
9. Victory and defeat
10. Games competitions

Do You Know?



Certain games are played with the help of animals. In Polo, the ball is struck with a bat by the player riding on a horse.



What have we learnt?

- ★ When we play games we feel happy, and it also improves our health and friendship.
- ★ There are different types of games - Games played by a single person and in groups, at home, and outside the home.
- ★ Many changes have come in the games played now and in olden days. Nowadays new games are played.
- ★ Certain games require games material and the others do not.
- ★ We should treat victory and defeat equally.
- ★ Games should be played according to rules.



DO THIS

Conceptual Understanding



1. Why should we play games?
2. Name some games which are played with a ball.
3. Say and write the differences between the Kho-Kho and Cricket.
4. Which games do you play at home? When do you play them?
5. Which games do you play in the play ground? When do you play them?
6. We play the games like Cricket and Kho-Kho outside home because,



Information Skills - Project work

1. Ask your friends about the games they like? Fill in the table with the details.

Sl.No.	Name	Games liked
1.		
2.		
3.		
4.		

Which games are liked by most?

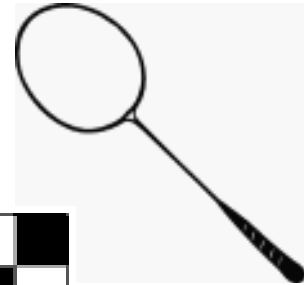
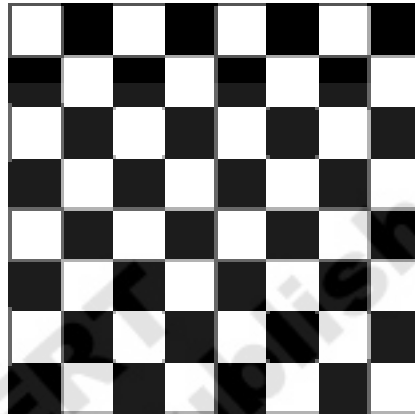
2. Collect the pictures of different games from the news papers. Paste them in a scrap book. Name them. Write down what material is required to play those games.





Draw and Colour the pictures

1. Draw and Colour the pictures given below in your Note book.



Appreciation

1. Who plays games well in your school? How do you appreciate them when they play well?
2. What should we learn from the winners of the game? What can be learnt from the losers of the game?



Ask a Question

1. Children were playing Kabaddi in the play ground. Disputes arase during the play. Teacher came just then. What the teacher might have asked them? What the children might have replied? If you were there, what questions would you ask?



Can I do this?



- | | |
|---|--------|
| 1. I can explain about different games. | Yes/No |
| 2. I can classify the games played inside and outside home. | Yes/No |
| 3. I can collect and tabulate the particulars of the games liked by the people. | Yes/No |
| 4. I can draw the pictures of materials used to play games. | Yes/No |
| 5. I can ask questions about the games. | Yes/No |

