



Incentives given by the A.P. Government to the students of Government School: 2 pair of Uniform, Text Books and Mid day meal

Mid day meal details	Rice	Pulses	Vegetables	Oil	Others (Eggs, Banana etc.,)
Primary Stage	100 gm	30 gm	75 gm	5 gm	Twice a week
Upper Primary Stage	150 gm	30 gm	75 gm	7.5 gm	Twice a week

School Related complaints Toll Free Number: 1800 4253 525 | Teacher grievances Toll Free Number: 040-23231972,
Child Rights Toll Free Number: 1098 | 040-23231194



PUBLISHED BY
THE GOVERNMENT OF ANDHRA PRADESH, HYDERABAD



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WE - OUR ENVIRONMENT

CLASS - IV

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HYDERABAD

FREE DISTRIBUTION BY A.P. GOVERNMENT

Children! use this book in the following way

- ◆ This Book is written for you. Read all the lessons by your own.
- ◆ Do the things as told by your teacher.
- ◆ You have to work together with your friends to understand the concepts of the lessons. For this, discuss and work in groups.
- ◆ The lessons contain pictures. Observe them carefully. Read the questions given below the pictures. Discuss with your friends / teachers and know the answers.
- ◆ 'Discuss in Groups' is present in all the lessons. Wherever you find this, form groups of four or five students, discuss and find out the answers.
- ◆ When you find 'Collect', visit the persons and places and collect the required information. Take the help of your teacher if required.
- ◆ You find 'Do This' in some lessons. They are experiments. You should do these. Note down the results. Discuss in the class. Ask your teacher and clarify your doubts.
- ◆ You require the maps of Andhra Pradesh and its Districts and Mandals. Collect these from your teacher. Use the bigger maps available at your school.
- ◆ Answer the questions given under the title 'What have we learnt' on your own. Do not refer the guides. Show the answers to your teachers. Do not purchase or use guides. You can never think on your own when you use the guides.
- ◆ Read all the sentences under the title 'Can I do this?' If you can do, put a '✓' mark. If you cannot do ask your teacher and get it taught again.
- ◆ During the class while you are working in groups or participating in any activity, if you feel you have not understood, ask your teachers and clarify your doubts.

We - Our Environment - Our Health

- ◆ *Let us all plant a tree on the day we like the most and grow it.*
- ◆ *Let us protect it and provide fence around it.*
- ◆ *Water it every day. Let us remove all the dust and trash once in a week. Observe the height of the tree, how it is growing and Tabulate the information.*
- ◆ *After one year, Let us celebrate its birthday.*
- ◆ *Let us reduce the usage of plastics in our house, street and village.*
- ◆ *Instead of plastic, let us use the plates, glasses, bowls made up of metals.*
- ◆ *Let us not throw the garbage on the roads. Separate the wet and dry waste and dump it in the dustbins provided by the Municipality.*
- ◆ *Let us do not waste water. Let us wash our hands and legs near the plants.*
- ◆ *Store the water in the buckets and use it.*
- ◆ *Let us save the Electricity. Saving Electricity is generating Electricity.*
- ◆ *Let us not keep open the doors of Refrigerators for more time. Do not use the fans unnecessarily, use the lifts to climb the stairs, switch on lights when going out, switch on T.V. when it is not being watched etc., Due to these activities the Electricity would be wasted.*
- ◆ *Let us time, inform the Gram Panchayat or Municipality, when the street lights are switched on during the day.*
- ◆ *Let us wash our hands and legs compulsorily after playing and before & after meals.*
- ◆ *Let us reduce the eating of Burgers, Pizzas, Ice-creams and Chocolates.*
- ◆ *Let us compulsorily eat fruits, eggs, leafy vegetables, Vegetables, pulses and drink milk.*
- ◆ *Let us eat Mid-day-meals together. If it is found less in quality, talk to the Headmaster.*
- ◆ *Let us play compulsorily from 4 O'Clock to 6 O'Clock in the evening, after the school hours.*