

# 21 June 2021: PIB Summary & Analysis

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### 1. International Yoga Day

#### Context:

Seventh International Yoga Day observed on 21 June, 2021.

#### Details:

- The theme for this year's International Day of Yoga is “Yoga for Wellness”.
- To know more about the origin and practices of [Yoga](#), click on the linked article.
- The International Yoga Day was declared by the UNGA in 2014 on India's initiation.
- On the occasion of the 7<sup>th</sup> Yoga Day, the Prime Minister launched the **M-Yoga App**.
  - The app will provide users with a collection of videos and audio practice sessions that they can do in the comfort of their own homes, as and when they wish.
  - The app can be used as a daily yoga companion for persons aged 12-65 years.
  - The mYoga app was developed through a “review of scientific literature and extensive international expert consultation processes,” according to the WHO website.
  - The app is a work of collaboration between the World Health Organisation (WHO) and the Ministry of AYUSH, Government of India.
  - It is available in English, Hindi and French and will soon be available in other UN languages.
- The m-Yoga (mobile-Yoga) Project was undertaken by WHO and the AYUSH Ministry in 2019. It focused on the following areas:
  - Common Yoga Protocol for General Wellness
  - Yoga for mental health and resilience
  - Yoga for adolescents
  - Yoga for pre-diabetes

Also read: [International Day of Yoga](#)

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### 2. Food security (Assistance to State Government Rules) 2015

#### Context:

The Department of Food & Public Distribution notified amendment in Food security (Assistance to State Government Rules) 2015.

**Details:**

- This move is expected to improve transparency and curb leakages at ration shops at the time of weighing of foodgrains for beneficiaries.
- The move will also encourage ePoS linkage with electronic weighing machines.
- The notified amendment aims to ensure the right quantity to beneficiaries in the distribution of subsidised foodgrains under the National Food Security Act ([NFSA](#)), 2013 as per their entitlement.
- It also incentivises states that have been using ePoS efficiently and encourages states to improve efficiency in ePoS operations and generate savings.
- According to the amendment, states that are operating their ePoS devices judiciously and are able to generate savings from the additional margin of Rs 17 per quintal can now utilise the savings for purchase, operations and maintenance of electronic weighing scales and their integration with the point of sale devices.
- While distribution through ePoS devices ensures that subsidised foodgrains are provided to the rightful beneficiary through biometric authentication, integration of ePoS devices with electronic weighing scales would ensure that the beneficiary is given the right quantity of foodgrains by the Fair Price Shop dealer as per his entitlement.

**Background:**

Food security (Assistance to State Government Rules) 2015 that was notified in August 2015, provides for additional margin to Fair Price Shop (FPS) Dealers for sale through electronic point of sale devices (ePoS) as an incentive to ensure transparent recording of transactions at all levels.

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### 3. “Jaan Hai To Jahaan Hai” Campaign

**Context:**

“Jaan Hai To Jahaan Hai” Awareness Campaign launched by the Union Minority Affairs Minister.

**Details:**

- It is a nationwide awareness campaign to create awareness on Corona vaccination in rural and remote areas of the country and also to “Crush and Curb” the rumours and apprehensions regarding the on-going vaccination drive.
- The campaign has been launched from Rampur, Uttar Pradesh.
- Under the campaign, various religious leaders, prominent people from social, educational, cultural, medical science and other fields are giving effective messages to the people to get vaccinated. Street plays will also be organised across the country.
- The campaign has been launched by the Minority Affairs Ministry along with various socio-educational organisations, NGOs and Women Self Help Groups.

