CBSE Class 7 Science Syllabus 2021-2022



	Questions	Key Concepts	Resources	Activities/ Processes
	1. Food <i>Food from where</i> How do plants get their food?	Autotrophic and heterotrophic nutrition; parasites, saprophytes; photosynthesis.	Coleus or any other plant with variegated leaves, alcohol, iodine solution, kit materials.	(Periods - 22) Need for light, green leaf for photosynthesis, looking at any saprophyte/parasite and noting differences from a green plant.
llabus for lasses t the nentary _evel	<i>Utilisation of food</i> How do plants and animals utilise their food?	Types of nutrition, nutrition in amoeba and human beings, Digestive system – human, ruminants; types of teeth; link with transport and respiration.	Model of human teeth, charts of alimentary canal, types of nutrition etc., chart and model of amoeba. The story of the stomach with a hole.	Effect of saliva on starch, permanent slide of <i>Amoeba.</i> Role play with children.
	2. Materials Materials of daily use Do some of our clothes come from animal sources? Which are these animals? Who rears them? Who rears them? Which parts of the animals yield the yarn? How is the yarn extracted?	Wool, silk – animal fibres. Process of extraction of silk; associated health problems.	Samples of wool and silk; brief account of silkworm rearing and sheep breeding.	(Periods - 38) Collection of different samples of woollen and silk cloth. Activities to differentiate natural silk and wool from artificial fibres. Discussion.
	What kinds of clothes help us to keep warm? What is heat? What is the meaning of 'cool'/'cold' and 'warm' hot'?	Heat flow; temperature.	Potassium permanganate, metal strip or rod, wax, common pins, spirit lamp, matches, tumblers, Thermometer etc.	Experiment to show that 'hot' and 'cold' are relative. Experiments to show conduction, convection and radiation.

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How does heat flow from/to our body to/ from the surroundings?			Reading a thermometer.
<i>Different kinds of</i> <i>materials</i> Why does turmeric stain become red on applying	Classification of substances into acidic,	Common substances like sugar, salt, vinegar etc, test	Testing solutions of common substances like
soap?	basic and neutral; indicators.	tubes, plastic vials, droppers, etc.	sugar, salt, vinegar, lime juice etc. with turmeric, litmus, china rose. Activity to show neutralisation.
How things change/ react with one another What gets deposited on a tawa/khurpi /kudal if left in a moist state? Why does the exposed surface of a cut brinjal become black?	chemical reaction a new	Test tubes, droppers, common pins, vinegar, baking powder, CuSO ₄ , etc.	Experiments involving chemical reactions like rusting of iron, neutralisation (vinegar and baking soda), displacement of Cu from CuSO ₄ etc. Introduce chemical formulae without explaining them.
Why is seawater salty? Is it possible to separate salt from seawater?	Substances can be separated by crystallisation.	Urea, copper sulphate, alum etc, beaker, spirit lamp, watch glass, plate, petridish etc.	Making crystals of easily available substances like urea, alum, copper sulphate etc. using supersaturated solutions and evaporation.

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	3. The World of the			(Periods - 42
	Living Surroundings affect the			
	living			
l	Why are nights cooler?	Climate, soil types, soil	Data on earth, sun – size,	Graph for daily changes i
	How does having winters	profile, absorption of	distance etc, daily changes	temperature, day lengt
	and summers affect soil?	water in soil, suitability for	in temperature, humidity	humidity etc.; texture
	Are all soils similar? Can	crops, adaptation of	from the newspaper,	various soils by wettin
	we make a pot with sand?	animals to different	sunrise, sunset etc.	and rolling; absorption
н	Is soil similar when you	climates.	sumse, sumset etc.	percolation of water
	dig into the ground? What	chinaces.		different soils, which so
	happens to water when it			can hold more water.
	falls on the cemented/			can note more water.
	bare ground?			
	The breath of life			
l	Why do we/animals	Respiration in plants and	Lime water, germinating	Experiment to sho
	breathe? Do plants also	animals.	seeds, kit materials.	plants and animals respin
	breathe? Do they also			rate of breathing; what o
	respire? How do plants/			we breathe out? What o
	animals live in water?			plants 'breathe' ou
				Respiration in seeds; he
l				release due to respiratio
				Anaerobic respiratio
				root respiration.
	Movement of			
	substances			
	How does water move in	Herbs, shrubs, trees;	Twig, stain; improvised	Translocation of water
	plants? How is food	Transport of food and	stethoscope; plastic bags,	stems, demonstration
	transported in plants?	water in plants; circulatory	plants, egg, sugar, salt,	transpiration, measureme
	Why do animals drink	and excretion system in	starch, Benedicts solution,	of pulse rate, heartbeat;aft
	water? Why do we sweat?	animals; sweating.	$AgNO_3$ solution.	exercise etc.
н.	Why and how is there			Discussion on dialys
l	blood in all parts of the			importance; experime

ody? Why is blood red? Do all animals have blood? What is there in urine?		on dialysis using egg
		membrane.
Aultiplication in plantsWhy are some plant partsVegetative, asexual and ke potato, onion swollensexual reproduction in	onion etc.; yeast powder,	Study of tuber, corm, bulb etc; budding in yeast; T.S./
are they of any use to plants, pollination - cross self pollination; pollinators, fertilisationIow are fruits and seedsIow Iow are fruits and seeds		L.S. ovaries, w.m.pollen grains; comparison of wind pollinated and insect pollinated flowers;
ormed? How are they ispersed?		observing fruit and seed development in some plants; collection and discussion of fruits/seeds dispersed by
Moving Things, People and Ideas		different means. (Periods - 16)
Moving objects Why do people feel the Appreciation of idea o	f Daily-life experience;	Observing and analysing
eed to measure time? time and need to low do we know how measure it.	metre scale, wrist watch/stop watch, string etc.	motion (slow or fast) of common objects on land,
ast something is moving? Measurement of time using periodic events. Idea of speed of moving	5	in air, water and space. Measuring the distance covered by objects moving
objects – slow and fas motion along a straight line		on a road in a given time and calculating their speeds. Plotting distance vs. time

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5. How Things Work			
Electric current and			
circuits			
How can we conveniently		Recollection of earlier	Drawing circuit diagrams
represent an electric	different elements of	activities. Pencil and paper.	
circuit? Why does a bulb get hot?	circuit. Heating effect of current.	Cells, wire, bulb.	Activities to show th
why does a build get not?	rieating effect of current.	Cells, wife, buib.	heating effect of electri
			current.
How does a fuse work?	Principle of fuse.	Cells, wire, bulb or LED,	Making a fuse.
	1	aluminium foil.	0
How does the current in	A current-carrying wire has	Wire, compass, battery.	Activity to show that
a wire affect the direction	an effect on a magnet.		current-carrying wire ha
of a compass needle?			an effect on a magnet.
What is an electromagnet?	A current-carrying coil	Coil, battery, iron nail.	Making a simple electro
	behaves like a magnet.	1.	magnet.
			Identifying situation
			in daily life when
TT 1 1 1 1 1			electromagnets are used
How does an electric bell work?	Working of an electric bell.	Electric bell.	Demonstration of workir of an electric bell.
WOIK?		Sec.	of an electric bell.
6. Natural Phenomena			(Periods - 24
Rain, thunder and			(1011000 -
lightning			
What causes storms? What	High-speed winds and	Experience; newspaper	Making wind speed an
are the effects of storms?	heavy rainfall have	reports.	wind direction indicator
Why are roofs blown off?	disastrous consequences	Narratives/stories.	Activity to show "lift" du
	for human and other life.		to moving air.
			Discussion on effects of
			storms and possible safe
- · · ·			measures.
Light	D 11		
Can we see a source of	Rectilinear propagation of	*	Observation of the source
light through a bent tube?	light.	straw, any source of light.	of light through a straig tube, a bent tube.
			tube, a bent tube.

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How can we throw sunlight on a wall?	Reflection, certain surfaces reflect light.	Glass/metal sheet/metal foil, white paper.	Observing reflection of light on wall or white paper screen.
What things give images that are magnified or diminished in size?	Real and virtual images.	Convex/concave lenses and mirrors.	Open ended activities allowing children to explore images made by different objects, and recording observations. Focussed discussions on real and virtual images.
How can we make a coloured disc appear white?	White light is composed of many colours.	Newton's disc.	Making the disc and rotating it.
7. Natural Resources Scarcity of water			
Where and how do you get water for your domestic needs? Is it enough? Is there enough	Water exists in various forms in nature. Scarcity of water and its effect on life.	Experience; media reports; case material.	Discussions. Case study of people living in conditions of extreme scarcity of water,
water for agricultural needs? What happens to plants when there is not enough water for plants?		net	how they use water in a judicious way. Projects exploring various kinds of water resources
Where does a plant go when it dies?			that exist in nature in different regions in India; variations of water availability in different

regions.

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Syllabus for Classes at the Elementary Level 152	Forest products What are the products we get from forests? Do other animals also benefit from forests? What will happen if forests disappear? Waste Management	Interdependence of plants and animals in forests. Forests contribute to purification of air and water.	Case material on forests.	Case study of forests.
	Waste Management Where does dirty water from your house go? Have you seen a drain? Does the water stand in it sometimes? Does this have any harmful effect?	Sewage; need for drainage/sewer systems that are closed.	Observation and experience; photographs.	Survey of the neighbourhood, identifying locations with open drains, stagnant water, and possible contamination of ground water by sewage. Tracing the route of sewage in your building, and trying to understand whether there are any problems in sewage disposal.