The Constitution of India
Chapter IV A

Fundamental Duties

ARTICLE 51A
Fundamental Duties- It shall be the duty of every citizen of India–
(a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
(b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
(c) to uphold and protect the sovereignty, unity and integrity of India;
(d) to defend the country and render national service when called upon to do so;
(e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities, to renounce practices derogatory to the dignity of women;
(f) to value and preserve the rich heritage of our composite culture;
(g) to protect and improve the natural environment including forests, lakes, rivers and wild life and to have compassion for living creatures;
(h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
(i) to safeguard public property and to abjure violence;
(j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement;
(k) who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years.

E-learning material for the Standards I to XII
Available in Marathi and English medium

Features
- Inclusion of prescribed subjects as per subject scheme.
- Complete E-learning material based on textbook
- In the form of audio-visual
- Presentation of chapterwise content and inclusion of questions as per necessity
- Inclusion of various activities, pictures, figures/diagrams, etc.
- Use of animation for easy and simple learning
- Inclusion of exercises.

E-learning material (Audio-Visual) for the Standards One to Twelve is available through Textbook Bureau, Balbharati for the students of Marathi and English medium.

For purchasing E-learning material...
- Register your demand by scanning the Q.R. Code given above.
- Register your demand for E-learning material by using Google play store and downloading ebalbharati app.
- Visit the following websites of the Textbook Bureau.
  www.ebalbharati.in
  www.balbharati.in
The Coordination Committee formed by GR No. Abhyas - 2116/(Pra.Kr.a.43/16) SD - 4 Dated 25.4.2016 has given approval to prescribe this textbook in its meeting held on 8.5.2018 from the Academic Year 2018-19.

The digital textbook can be obtained through DIKSHA App on a smartphone by using the Q. R. Code given on title page of the textbook and useful audio-visual teaching-learning material of the relevant lesson will be available through the Q. R. Code given in each lesson of this textbook.
Preamble

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure to all its citizens:

JUSTICE, social, economic and political;
LIBERTY of thought, expression, belief, faith and worship;
EQUALITY of status and of opportunity;
and to promote among them all
FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.
NATIONAL ANTHEM

Jana-gana-mana-adhināyaka jaya hē
Bhārata-bhāgya-vidhātā,

Panjāba-Sindhu-Gujarāta-Maṛathā
Drāvida-Utkala-Banga

Vindhyā-Himāchala-Yamunā-Gangā
uchchala-jaladhi-taranga

Tava suḥā nāmē jāgē, tava suḥa āsisa māgé,
ghē tava jaya-gāthā,

Jana-gana-mangala-dāyaka jaya hē
Bhārata-bhāgya-vidhātā,

Jaya hē, Jaya hē, Jaya hē,
Jaya jaya jaya, jaya hē.

PLEDGE

India is my country. All Indians are my brothers and sisters.

I love my country, and I am proud of its rich and varied heritage. I shall always strive to be worthy of it.

I shall give my parents, teachers and all elders respect, and treat everyone with courtesy.

To my country and my people, I pledge my devotion. In their well-being and prosperity alone lies my happiness.
Preface

Dear Children,

Now you are in Standard One. A most hearty welcome! We are happy to place this textbook My English Book One for Standard One in your hands.

Standard One is the beginning and foundation of education. To establish this foundation you should be able to speak, read and write in English properly. Until now you have heard English outside the home. Now you have to learn to read and write it. This textbook is full of songs, rhymes, poems, stories and activities. It will make your learning interesting and easy.

There are various types of rhymes and poems. You will be very happy to sing them and dance to them all together. You will enjoy stories also, to listen and tell. It would be great fun to make stories from the given pictures. Everyone will be very happy to listen to your experiences while chatting about pictures in your textbook.

There are many colourful pictures, letters and words you would love to learn. At the beginning, you will surely enjoy the fun of learning words and letters from pictures. Learn to read, to look and to say, to write by tracing again and again; everything is fun. There are also some language games. Learning the language in a playful manner will help to read the words, sentences and stories and to use them easily. From all of these you will have the pleasure of learning on your own, Q. R. Codes have been given to songs, stories, letter groups, picture reading and other activities too. You will definitely like everything.

At the end of the Standard One, I hope you will be able to speak, read and write beautifully. Friends, grow up while studying with joy. Wish you all the best for your studies!

Pune
Date: 16 May 2018
Indian Solar Year:
26 Vaishakh, 1940

(Dr Sunil Magar)
Director
Maharashtra State Bureau of Textbook Production and Curriculum Research, Pune.
For the Teachers

(1) We are introducing English language in Standard One through simple language and variety of activities by which we focus on to develop the interest and confidence of English language among the children.

(2) Practise the rhymes and songs with rhythm and actions with proper pronunciations, throughout the year.

(3) Practise the greetings, requests, commands and simple instructions for conversation according to situations in pair or group work.

(4) Prepare various types of teaching aids and models to enrich the vocabulary of the children and give visual exposure to the children as well.

(5) Encourage the children to use simple words, phrases, expressions in English, regularly inside and outside the classroom.

(6) Help the children to develop their reading and writing skills through preparatory activities.

(7) Conduct various types of activities and language games throughout the year for the reinforcement of learning with fun / joy.

(8) Revise all the activities at the end of each unit.

(9) For reinforcement, fun time activities have been included at the end of every unit.

(10) Use e-learning material to develop language skills.

(11) Use simple and easy, maximum English language in and around the classroom. Mother tongue of the children can be used if necessary.

(12) Use simple instructions while teaching.

(13) It is not expected that the children always give responses in complete sentences. Accept verbal and non-verbal responses too.

The emojis/icons given below are used in this book for specific purposes.

Listening  Speaking  Reading  Writing  Conversation

The activities given for listening, speaking and conversation should not be used for reading and writing.
<table>
<thead>
<tr>
<th>Suggested Pedagogical Processes</th>
<th>Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The learner may be provided opportunities in pairs/groups/ individually and encouraged to—</strong></td>
<td><strong>The learner—</strong></td>
</tr>
<tr>
<td>• name common objects such as— man, dog etc. when pictures are shown</td>
<td>01.17.01  Learns and names English words for familiar objects and pictures.</td>
</tr>
<tr>
<td>• use familiar and simple words (‘bat’, ‘pen’, ‘cat’) as examples to reproduce the starting</td>
<td>01.17.02  Recognizes / Identifies letters of the alphabet and their sounds correctly.</td>
</tr>
<tr>
<td>sound and letter (/b/, /p/, /k/ etc)</td>
<td>01.17.03  Differentiates between small and capital letters in print.</td>
</tr>
<tr>
<td>• develop phonemic awareness through activities focusing on different sounds, emerging from</td>
<td>01.17.04  Sings / Recites poems / rhymes with proper rhythm and actions.</td>
</tr>
<tr>
<td>the words in stories and texts</td>
<td>01.17.05  Listens and gives appropriate verbal / non-verbal responses.</td>
</tr>
<tr>
<td>• sing or recite collectively songs or poems or rhymes with actions</td>
<td>01.17.06  Understands the sequence of events and stories in simple narration.</td>
</tr>
<tr>
<td>• listen to stories, and humorous incidents and interact in English or mother tongue (home</td>
<td>01.17.07  Carries out simple instructions, commands and acts accordingly.</td>
</tr>
<tr>
<td>language)</td>
<td>01.17.08  Listens to English words, greetings, polite forms of expression, simple</td>
</tr>
<tr>
<td>• ask simple questions like names of characters from the story, incidents that he/she likes</td>
<td>01.17.09  Speaks about self / situations / pictures in English.</td>
</tr>
<tr>
<td>in the story, etc. (Ensure clear lip movement for children with hearing impairment to lip</td>
<td>01.17.10  Uses nouns such as ‘boy’, ‘sun’ and prepositions like ‘in’, ‘on’, ‘under’</td>
</tr>
<tr>
<td>read.)</td>
<td>01.17.11  Writes simple words like ‘fan’, ‘hen’, ‘rat’, etc.</td>
</tr>
<tr>
<td>• draw or scribble pictures and images from the story as preliminary to writing</td>
<td>01.17.12  Listens and enjoys fables and short stories.</td>
</tr>
<tr>
<td>• respond in mother tongue (home language) or English or sign language or non-verbal</td>
<td>01.17.13  Identifies different shapes.</td>
</tr>
<tr>
<td>expressions what he/she has understood in the story or poem</td>
<td>01.17.14  Counts numbers up to 10.</td>
</tr>
<tr>
<td>• listen to instructions and draws a picture</td>
<td>01.17.15  Enjoys rhymes, songs and poems.</td>
</tr>
<tr>
<td>• Use greetings like “Good morning”, “Thank you” and have polite conversations in English</td>
<td>01.17.16  Responds appropriately to commands given by teachers etc.</td>
</tr>
<tr>
<td>such as “What is your name ?”, “How are you ?” etc.</td>
<td>01.17.17  Uses stock expressions in face to face interactions.</td>
</tr>
<tr>
<td>• Say 2-3 sentences describing familiar objects and places such as family photographs,</td>
<td>01.17.18  Narrates / Enacts a familiar story or event.</td>
</tr>
<tr>
<td>shops, parks etc.</td>
<td>01.17.19  Associates words with pictures.</td>
</tr>
<tr>
<td>Unit One</td>
<td>Unit Five</td>
</tr>
<tr>
<td>-----------------------</td>
<td>----------------------------</td>
</tr>
<tr>
<td>Welcome Song</td>
<td>Number Song</td>
</tr>
<tr>
<td>Greetings</td>
<td>One and Many</td>
</tr>
<tr>
<td>English Words We Know</td>
<td>My Grandfather had a Farm</td>
</tr>
<tr>
<td>Rolly Polly</td>
<td>Words (g, j, k, q)</td>
</tr>
<tr>
<td>Rhyming Words</td>
<td>Magic Words</td>
</tr>
<tr>
<td>Words (b, c, p, t)</td>
<td>Odd Man Out</td>
</tr>
<tr>
<td>My Name</td>
<td>Words (v, w, x, y, z)</td>
</tr>
<tr>
<td>Fun Time</td>
<td>In the Street</td>
</tr>
<tr>
<td></td>
<td>Myself</td>
</tr>
<tr>
<td></td>
<td>Fun Time</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit Two</th>
<th>Unit Six</th>
</tr>
</thead>
<tbody>
<tr>
<td>Humpty Dumpty</td>
<td>Days of the Week</td>
</tr>
<tr>
<td>Action Time</td>
<td>Action Time</td>
</tr>
<tr>
<td>Let’s Talk</td>
<td>Fun Time</td>
</tr>
<tr>
<td>Daily Words</td>
<td>We love vegetables</td>
</tr>
<tr>
<td>Rain, Rain</td>
<td>A Vegetable Basket</td>
</tr>
<tr>
<td>Words (d, f, m, n)</td>
<td>My Vegetables</td>
</tr>
<tr>
<td>Let’s Find</td>
<td>Rainbow and the Colours</td>
</tr>
<tr>
<td></td>
<td>How Are You?</td>
</tr>
<tr>
<td></td>
<td>Let’s Play</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit Three</th>
<th>Unit Seven</th>
</tr>
</thead>
<tbody>
<tr>
<td>This is my head</td>
<td>Twinkle, Twinkle, Little Star</td>
</tr>
<tr>
<td>Requests</td>
<td>Farm House</td>
</tr>
<tr>
<td>Let’s Talk</td>
<td>Let’s Talk</td>
</tr>
<tr>
<td>Happy Birthday!</td>
<td>Brush your Teeth</td>
</tr>
<tr>
<td>My Fruit Basket</td>
<td>Good Habits</td>
</tr>
<tr>
<td>Have Fun with Animals</td>
<td>Fun Time</td>
</tr>
<tr>
<td>Let’s Know New Words</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit Four</th>
<th>Unit Eight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clap your hands</td>
<td>Who are you dear?</td>
</tr>
<tr>
<td>The Game of Addition</td>
<td>Word Bag</td>
</tr>
<tr>
<td>Row, row, row your boat</td>
<td>Bingo</td>
</tr>
<tr>
<td>Let’s Speak</td>
<td>Traffic Signals</td>
</tr>
<tr>
<td>Two Silly Goats</td>
<td>Dressing Dolly</td>
</tr>
<tr>
<td>Two Wise Goats</td>
<td>Get Ready for the School</td>
</tr>
<tr>
<td>Words (a, e, i, o, u)</td>
<td>Fun Time</td>
</tr>
<tr>
<td>Odd Man Out</td>
<td>We Like Cooking</td>
</tr>
<tr>
<td></td>
<td>The Fox and the Crane</td>
</tr>
<tr>
<td></td>
<td>English Letters</td>
</tr>
<tr>
<td></td>
<td>School is over</td>
</tr>
</tbody>
</table>
1. Rhymes, songs and poems

Teacher asks the children to see the picture and he/she sings the rhyme with actions. Children repeat and sing after the teacher with actions. Teacher gives practice to the children to repeat and sing after him, with actions. Teacher gives practice to the children individually and in groups, for proper pronunciation of the words, actions and gestures.

For the rhyme 5.3 teacher may use other animals and their sounds given on the same page.

For the rhyme 6.1 teacher can use flash cards/ word cards of the days of the week and for 6.7 he/she may use flash cards of colours.

For the rhyme 7.4 teacher demonstrates the way of brushing teeth and asks the children to follow the actions.

Teachers are not expected to translate the lines of the rhymes. Children can understand the meanings of the words through associated pictures, actions and gestures.

2. Stories / Skits

Narrating a story or enacting a skit is a very important and natural activity for the development of vocabulary, idiomatic expressions and fluency and stock expressions. While dealing with the stories in the textbook, the teacher should follow the following steps.

Teacher reads the story aloud. Children repeat after him/her. Teacher demonstrates the story with the help of pictures. Teacher performs the story with the help of children in upper classes or other teachers.

Teacher reads the stories / dialogues aloud and reads the narration. Children listen carefully and repeat after him/her. Teacher assigns the roles and children perform the stories/skits with proper actions and expressions.
Teacher gives opportunity to each and every child in the class to enact the stories.

Teacher can initiate discussions in children’s mother tongue about the stories and may ask them to narrate the story in their mother tongue.

### 3. Conversations/Dialogues

A variety of conversations/dialogues included in the textbook, will give maximum exposure and practice for spoken English.

A variety of activities employed in the textbook for conversations/dialogues include using greetings at appropriate occasions, giving introduction, seeking information, using polite requests, expressing likes and dislikes, talking about themselves, imbibing good habits, making statements, describing daily reactions/pictures/objects, giving appropriate responses in situational conversation etc.

Teacher explains the situations in the conversation with the help of the pictures.

Teacher demonstrates the conversation with the help of one or two children in the class. Teacher reads the conversation aloud and asks the children to repeat after him/her.

Teacher gives practice of the conversation in pairs/groups.

Teacher takes care that each and every child participates in the conversation and encourages them for their performance.

Teacher should see that the children always use expressions like ‘Excuse me’, ‘Please’ ‘Sorry’, Thank you, ‘Welcome’, ‘It’s ok’, ‘See you, Bye!’ etc. in appropriate everyday situations.

### 4. Vocabulary Enrichment

‘My English Book One’ focuses on enrichment of vocabulary through picture reading, picture-word association activities. The textbook advocates the principle of word as a whole image approach. These words are from children’s immediate surroundings, some
content and structural words, naming words, action words, some word registers. (vegetables, colours, fruits, numbers etc.)

While handling/dealing with different types of vocabulary enrichment activities, the teacher should use:
• maximum flash cards with pictures
• word stripe charts
• introduction of phonic approach and visuals
Teacher focuses the children’s attention on the sounds of the letter in the words. (Initial, middle and final sounds, cluster sounds)
Teacher introduces different words with the help of the pictures, actions, things/objects.
Reads the words aloud and children repeat after him/her.
Teacher prepares sets of flash cards to introduce, to give practice, revise and evaluate the new words.
The teachers should use the words as a whole image and they should not give practice of individual letter in the word as spellings. The teacher should give the practice until each and every word is learnt as a whole image.

Activity of vocabulary development
For the practice of new words, following types of activities are incorporated in the textbook.
• Listen and repeat.
• Listen and say.
• Look and ask.
• Listen and find.
• Say faster and faster etc.

5. Language Games

Maximum exposure to the language can be given through innovative types of ‘Language games’ at initial stage/years of language learning. Language games help children learn a new language through play-way approach and fun. In this book some interesting language games are given.
**Throw the Ball**

The teacher asks the children to stand in a circle. He/She throws the ball to a child and asks the child to tell its name. The child who catches the ball, tells its name. Then throws the ball to another child asking the same question. The game will continue until all the children get a chance to answer.

The teacher may use this type of game for other questions. This game can be conducted on the playground, also.

**The Game of Addition**

This game is given for simple sentence learning and revision of learnt words. This activity is to be employed in a group of children. The first child tells about his likes, the second repeats the first sentence and adds his/her own liking. At each stage the next child goes on increasing/adding his/her likes in some categories of word. (Fruits, vegetables, colours, games etc.) Teacher may use this game frequently for the revision of newly learnt words in a particular category.

**Be quick**

Teacher asks the children to listen to the words from a particular category (vegetables) and add other names of vegetables to the list. Use the game to prepare the lists of other categories also such as fruits, colours, animals etc.
1.1 Welcome Song

- Listen and repeat.

Sing a welcome song
Ring a joyful bell
Ding dong ding everybody sing
For a new day begins.

Come together one and all
Ding dong ding dong ding dong ding
Happy song of joy we bring
Ding dong ding dong ding dong ding.
1.2 Greetings

- Listen, repeat and use.

Good morning, Children. Namaste.

Good morning, Teacher. Namaste.

Good morning!

Good afternoon!

Good evening!

Good night!
Look at the pictures and tell.
1. Listen, sing and act.

Rolly polly rolly polly, up, up, up
Rolly polly rolly polly, down, down, down
Rolly polly rolly polly, in, in, in
Rolly polly rolly polly out, out, out
Rolly polly rolly polly do your left side!
Rolly polly rolly polly do your right side!

2. Say faster and faster.

(a) up, up, up  (b) down, down, down
(c) in, in, in  (d) out, out, out
(e) left, left, left  (f) right, right, right
3. Look, listen and say.

Up

Down

In

Out

4. Listen and repeat.

cap - tap

toy - boy

cot - pot

sing - ring

song - dong

cat - bat

5. Trace the dots.
1. Look at the picture and tell.

- bat - cat
- bag - tag
- clap - tap
- table - cable
- ball - doll
- dog - frog

2. Match the rhyming words.
1. Look at the picture and tell.

- boy
- bat
- ball
- bag
- clock
- cat
- cap
- cock
- tap
- tank
- toy
- pot
- pond
- pan
- parrot

2. Match the same objects.

- ball
- plate
- sausage
- plate
- sausage

3. Trace the dots.

- b
- c
- p
- t
1. Listen to me carefully and answer.

Good morning.

Good morning.

What’s your name? I am Riya.

What’s your name? My name is Raj.

Tell me your name, please. I am Ali. Sonal.

2. Look at the board, find and touch your name.

3. Let’s talk.

Raj : What’s your father’s name?

Riya : My father’s name is Rajan.

Teacher : Tell me the name of your school.

Riya : Zilla Parishad Primary school.
1. **Throw the ball.**

   **What’s your name?**

   ![Image of children playing with a ball]

   - Stand in a circle.
   - Take the ball, tell your name.
   - Throw the ball to your friend.
   - Ask him/her, “What’s your name?”
   - Catch the ball and tell your name. Continue the game until everyone gets a chance.

   My name is Sonal.

   ![Image of children throwing the ball]

   What’s your name?

   ![Image of children playing with a ball]

   I am Riya.

2. **Look at the picture. Find a good name for each.**

   For example: Tommy

   ![Images of various objects]
1. **Listen, sing and act.**

Humpty dumpty sat on a wall.
Humpty dumpty had a great fall;
All the king’s horses
And all the king’s men
Couldn’t put Humpty together again!

2. **Listen carefully and repeat. Clap if the words rhyme.**

- up - cup
- fall - fast
- pin - tin
- humpty - dumpty
- wall - fall

- all - tall
- clap - tap
- pot - pan
- toy - boy
1. Listen and act.

Stand up.

Sit down.

Give...

Take...

Go there.

Come here.

Turn left.

Turn right.

2. Trace the dots.
1. Listen and repeat.

What is this? This is a duster.

2. Look and say.

What is that? That is a bicycle.
Look and say.

- cap
- mat
- tiffin
- bag
- shoes
- bottle
- book
- pencil
- pen
- plate
- cycle
- gate
2.5 Rain, Rain

1. Listen, sing and act.

Rain, rain
Come again
We’ll play
Another game.

Rain, rain
Do not fail
Paper boats
We’ll sail.

2. Listen and repeat.

come  game  sail
fail  paper  boat
2.6 Look, listen and say.

1. Look at the picture and tell.

2. Listen and repeat.

   dog - frog
   man - pan - fan
   bag - tag
   ball - tall - call

3. Listen and match.

   boat     cake
   man      goat
   nest     fan
   bake     best

4. Trace the dots.

   dog     f  m  n
   mango   frame  nut
   mug     net  nose
   mobile  nest  pet
   frame   name
   frog
2.7 Let’s Find

1. Listen, repeat and circle the odd man out.

- doctor
- top
- dish
- dog
- frog
- fan
- net
- frock
- bat
- parrot
- ball
- balloon

2. Listen and repeat.

- doctor  
dish  
dog
- frog  
fan  
frock
- bat  
ball  
balloon
This is my head.
and this is my nose.
These are my ears, 
on my head at the side.
These are my eyes, 
I can open them wide.
This is my mouth 
and here are my teeth.
These are my knees 
and my feet are beneath.
I can wave my arms 
and wiggle my nose.
I can stretch my arms 
and touch my eyes.
I can hold my hands together, 
and then......
It’s time to start 
all over again !

2. Listen and act.
Show me your head.
Show me your nose.
Show me your knees.
1. Let’s speak.

May I come in, Sir?

Please give me a pencil / an eraser / a ruler...

Excuse me, Sir. Please may I go out?

2. Listen and repeat.

**Anuja**: Excuse me.
**Arnav**: Yes?
**Anuja**: Please give me your book.
**Arnav**: Here it is.
**Anuja**: Thank you.
**Arnav**: Welcome. / It’s my pleasure.
1. Listen and repeat.
   Teacher: Do you have a bat?
   Raj: Yes. / Yes. I do. / Yes. I have.
   Teacher: Do you have a cap?
   Riya: No. / No. I don’t have.
   Teacher: Do you have a bag?
   Abha: Yes. / Yes. I do. / Yes. I have.

2. Practise the same question using the following things.
   Do .........................?
1. Listen, sing and act.

Happy birthday to you,
Happy birthday to you,
Happy birthday dear little one,
Happy birthday to you.

May God bless you,
May God bless you,
May God bless dear little one.
May God bless you.

Happy long life to you,
Happy long life to you,
Happy long life dear little one,
Happy long life to you.

2. Colour the words.

Happy Birthday!
3. Look, listen and say.

- cake
- toys
- laddoos
- candles
- birthday cap
- masks
- balloons
- toffees
- greeting card
- gift

4. Trace the dots.
1. Look at the picture. Listen and learn.

2. Listen, repeat and talk to your friends.

(a) : Do you like red apples?
   : Yes.
   Yes, I do.

(b) : Do you like red apples?
   : No.
   No, I don’t.

3. Look at the pictures and tell.

Pranav has a pineapple.
He has many mangoes.
Shreya has a water-melon.
She has many oranges.
Join the dots, colour the picture and tell what is it.

- a duck
- a camel
- a parrot
- a bear
- an elephant
- an ox
- a tiger
- an ant
- an eagle

3.6 Have Fun with Animals
1. Look, listen and learn.

2. Listen and find the correct picture.

Leela has a lemon and a leaf.
Hemant has a hen and a hat.
Rashid has a ribbon and a rose.
Sonabai has a sack and a sickle.

3. Trace the dots.
4. Look, listen and say.

- scissors
- scooter
- sky
- slide
- snail
- snake
- spade
- spoon
- stall
- star
- stick
- swing

5. Look, listen carefully, repeat and enact.

- sit
- stand
- sleep
- smile
- speak
- swim
- start
- stop

![QR Code](LUL9C4)
UNIT FOUR

4.1 Clap your hands

1. Listen, sing and act.

Clap your hands, Clap your hands
Listen to the music and
Clap your hands.

Stamp your feet, Stamp your feet
Listen to the music and
Stamp your feet.

Turn around, Turn around
Listen to the music and
Turn around.

Jump up high, Jump up high,
Listen to the music and
Jump up high.

2. Listen and act.

Leader: I am the leader. Do as I say.

Clap your hands.       Touch . . .
Bend down.             your head.
Jump in.               your eyes.
Jump out.              your ears.
Stand up.              your nose.
Sit down.              your knees.
Close your eyes.       your shoulders.
Open your eyes.        Tap your feet.
1. Look at the picture. Listen carefully and repeat, then talk to your friends.

Tai : What do you like Priya?
Priya : I like apples.
Tai : Ok, please take one.
Priya : Thank you, Tai! Let’s share.
Tai : Oh yes, sharing is fun!

2. Look, listen and speak.

I like apples.

I like apples, ice-cream, mangoes and chocolate.

I like apples and ice-cream.

I like apples, ice-cream, mangoes and oranges.

You forgot chocolate.

I like apples, ice-cream and mangoes.

Let’s start again.
1. Listen, sing and act.

Row, row, row your boat
Gently down the stream
Merily, merily, merily, merily
Life is but a dream.

Row, row, row your boat
Gently down the stream
If you see a crocodile,
Don’t forget to scream!

Row, row, row your boat
Gently to the shore
If you see a lion
Don’t forget to roar!

2. Listen and repeat the words.

row stream dream
life crocodile scream
shore lion roar
Can you draw a ball?
Yes, I can.

Can you swim?
No, I can’t.

Can you sing?
Yes, I can.

Can you draw a table?
No, I can’t.

Can you clap?
Yes, I can.

Can you jump?
Yes, I can.
There were two goats. They were crossing a narrow bridge.

Two goats came face to face while crossing a bridge.

They started fighting and lost their balance.

They fell down into the stream.
2. Listen carefully and enact.

**Two Wise Goats**

There were two goats. They were crossing the same narrow bridge.

How can we pass the bridge?

Let’s make way for each other.

I’ll go over you.

I’ll sit down.

Thus the two wise goats crossed the bridge.
4.6 Let’s Know New Words

1. Look, listen and learn.

- ant
- axe
- apple
- egg
- elephant
- ink
- injection
- insects
- engine
- oil
- orange
- ox
- umbrella
- umpire
- underline

2. Trace the dots.

- q
- e
- i
- o
- u

36
Look, listen and find the odd man out.

- apple
- ant
- axe
- bat
- egg
- elephant
- cat
- engine
- oil
- orange
- cow
- ox
- hat
- umbrella
- umpire
- up
- ink pot
- injection
- insects
- dog
1. Listen, sing and act.

One, Two, Three and Four
Plant the trees more and more.

Five, Six, Seven and Eight
Plant the trees near the gate.

Nine and Ten, Nine and Ten
Plant the trees double of ten, double of ten.

2. Look, repeat. Learn to count in English.

1 one flower
2 two flowers
3 three flowers
4 four flowers
5 five flowers
6 six flowers
7 seven flowers
8 eight flowers
9 nine flowers
10 ten flowers
5.2 One and Many

1. Look at the picture and repeat after me.

one balloon  many balloons  one bird  many birds  one kite  many kites

2. Look at the picture. Say with me.

| a train          | How many trains? |
| a boat           | How many boats?  |
| a car            | How many cars?   |
| a bicycle        | How many bicycles? |

39
My grandfather had a farm.

E - I - E - I - O
And on the farm he had some dogs.

E - I - E - I - O
With a bow-wow here
And a bow-wow there,
Here a bow, there a wow
Everywhere a bow-wow.

My grandfather had a farm.

E - I - E - I - O

- dogs: bow-wow
- cows: moo-moo
- hens: cluck-cluck
- ducks: quack-quack
- cats: meow-meow
5.4 Look, listen and say

1. Look, listen, repeat and learn.

- garden
- gate
- girl
- gold
- jeep
- joker
- jar
- jacket
- kangaroo
- key
- kite
- kitten
- king
- queen
- queue
- question

2. Trace the dots.
1. Look at the picture and say.

Please, give me your story book.
Yes, sure.
Thank you.
Welcome.
Excuse me.
Thank you.
Oh! Sorry.
It's ok!

2. Listen, repeat and circle the letter.

Listen, say the name of each object aloud and circle the sound of the first letter of the word.

p c r  g t i  b h r  b r d
3. Look at the pictures. Listen, repeat and use.

Excuse me.

Excuse me, please.

Excuse me.

Excuse me.

Excuse me.
1. Look at the pictures. Tell the English words. Find the odd man out.

   The word which begins with a different sound.

2. Look at the pictures. Tell the English words. Find the odd man out.

   The word which ends with a different sound.
1. Look, listen and repeat.

- van
- vegetables
- violin
- vulture
- woman
- watch
- wall
- well
- axe
- ox
- mixture
- yoke
- zebra
- zero
- zip

2. Look, listen, repeat and enact.

- wipe
- whistle
- yell
- yawn

3. Trace the dots.

- van
- vegetables
- violin
- vulture
- woman
- watch
- wall
- well
- axe
- ox
- mixture
- yoke
- zebra
- zero
- zip
- van
- vegetables
- violin
- vulture
- woman
- watch
- wall
- well
- axe
- ox
- mixture
- yoke
- zebra
- zero
- zip
5.8 In the Street

- Spot the English words in your surroundings.
1. Let's speak in English.

**Teacher**: Riya, tell me something about yourself.

**Riya**: My name is **Riya**.
I am **six** years old.
I live in **Nashik**.
I go to **Vidyamandir** school.
I am in Standard **One**.
I like **banana**.

2. Now tell me about yourself.

My name is ________.
I am ________ years old.
I live in ________.
I go to ________ school.
I am in Standard ________.
I like ________.

3. Trace the dots.
Join the dots and complete the pictures.
1. Listen, sing and act.

Sunday, Monday, Tuesday too.
Wednesday, Thursday just for you.
Friday, Saturday that's the end.
Now let's say those days again!

2. Listen and repeat.

<table>
<thead>
<tr>
<th>January</th>
<th>July</th>
</tr>
</thead>
<tbody>
<tr>
<td>February</td>
<td>August</td>
</tr>
<tr>
<td>March</td>
<td>September</td>
</tr>
<tr>
<td>April</td>
<td>October</td>
</tr>
<tr>
<td>May</td>
<td>November</td>
</tr>
<tr>
<td>June</td>
<td>December</td>
</tr>
</tbody>
</table>
3. Find the names of the days.

JANUARY 2018

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Look, listen and answer.

(a) How many Sundays are there in January?
(b) Look at the calendar and put the days of the week in the proper order.
6.2 Action Time

- Listen and act.

Stand straight.

Make a line.

Open/Close your book.

Put your books in your bag.

Jump on the spot.

Give/Take a pencil/ruler.

Turn around.

Wipe out the board.

Turn left.

Turn right.
Join the dots and complete the pictures and colour them.
### 6.4 We love vegetables

- **Look, listen and learn.**

<table>
<thead>
<tr>
<th>Cabbage</th>
<th>Cauliflower</th>
<th>Carrot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomato</td>
<td>Potato</td>
<td>Onion</td>
</tr>
<tr>
<td>Peas</td>
<td>Beans</td>
<td>Cucumber</td>
</tr>
<tr>
<td>Chillies</td>
<td>Garlic</td>
<td>Ginger</td>
</tr>
<tr>
<td>Radish</td>
<td>Brinjal</td>
<td>Pumpkin</td>
</tr>
</tbody>
</table>
Listen and say. Listen to the names of the vegetables and add other names to it.

Speak! Speak!!
What speak?
Vegetables name, be quick!
Tomato, be quick!
Potato, be quick!
Radish, be quick!
Onion, be quick!
Cauliflower, be quick!
Lady’s finger, be quick!
Carrot, be quick!
Peas, be quick!
O hh ! I didn’t get it!
1. Listen and act.

6.6 My Vegetables

Hello my friends, I am a little **cook**. Who are you?

I am so fat.

I am a **pumpkin**.

I am a **cabbage**. I have lots of clothes on my body.

I am a **potato**. I am your favourite one.

I am a **cucumber**. I am slim and tall.

I am a **chilly**. I am hot and spicy.

I am a **tomato**. I am red and juicy.

I am a **spinach**. I am green and leafy.

I am an **onion**. You will cry if you cut me.

I am a **onion**. You will cry if you cut me.
1. Listen, sing and act.
   Red, orange, yellow,
   Green, blue, indigo
   And violet makes a rainbow.
   Let’s sing again
   Red, orange, yellow,
   Green, blue, indigo
   And violet makes a rainbow.

2. Join the colours with the things.

3. Match the following.

4. Look, listen carefully and repeat.
   Meena: What colour is the parrot?
   Raju: The parrot is green.
1. Look, listen, repeat and enact.

How are you, Priya?

Priya breaks a cup. Priya climbs a hill. Priya gets a bicycle.

I am sad. I am tired. I am happy.

Priya’s friend pushes her. Priya has to go out in the dark. Priya watches TV at night.

I am angry. I am scared. I am sleepy.

2. Look and tell.

: How’s Priya feeling?
: She is feeling sad. / She is sad.

: How’s Sumit?
: He is happy.
1. Look at the pictures. Listen and answer.

(1) **Teacher**: What are they playing?
**Soham**: They are playing **tipcat**.

2. Listen and answer.
**Teacher**: What do you play?
**Priya**: I play **cricket**. / We play **marbles**.
1. Listen, sing and act.

Twinkle, twinkle, little star,
How I wonder what you are!
Up above the world so high,
Like a diamond in the sky.

When the blazing sun is gone,
When he nothing shines upon,
Then you show your little light,
Twinkle, twinkle, all the night.

2. Listen and repeat.

- little
- star
- world
- high
- like
- sky
- sun
- show
- light
- night
1. Look and find the things from the picture.

2. Look at the picture and answer.
   (a) Who is riding a bicycle?   (b) Where are the fishes?
   (c) What is the boy doing?     (d) Where is the rabbit?
7.3 Let's Talk

- Look and say.

Riya is drawing a picture.

Ruhi is sleeping in the bed.

Max is playing football.

Raj is reading a book.

John is singing a song.

Ali is swimming in the pool.

Priya and Prasad are going to school.
7.4 Brush your Teeth

Listen, sing and act.

Brush, brush, brush, brush your teeth
In the morning, in the night
Take the brush and add some paste,
Brush your teeth without any haste,
Brush the teeth from left to right,
Till the cleaning, feels so right
Brush it up, brush it down,
Move the brush round and round.
7.5 Good Habits

- Listen and speak.

I wake up in the morning.
I do exercise.
I brush my teeth.
I comb my hair.
I take a bath.
I wash my hands.
I go to school.
I take breakfast.
I read a book.
Join the dots, complete the picture and colour it.
UNIT EIGHT

8.1 Who are you dear?

1. Listen, sing and act.

I see you in the school,
Who are you dear?
I teach the student,
I am a Teacher!

I see you in the hospital,
Who are you dear?
I treat the patients,
I am a Doctor.

I see you in the bus,
Who are you dear?
I drive the bus,
I am a Driver.

I see you on the farm,
Who are you dear?
I work on the farm,
I am a Farmer.

I see you on the border,
Who are you dear?
I fight for the nation,
I am a Soldier.

2. Who is this?

---

1. Listen, sing and act.

I see you in the school,
Who are you dear?
I teach the student,
I am a Teacher!

I see you in the hospital,
Who are you dear?
I treat the patients,
I am a Doctor.

I see you in the bus,
Who are you dear?
I drive the bus,
I am a Driver.

I see you on the farm,
Who are you dear?
I work on the farm,
I am a Farmer.

I see you on the border,
Who are you dear?
I fight for the nation,
I am a Soldier.

2. Who is this?
Pick out one card from each bag and match the picture with word. If the picture card is not matched with the word card ask the child to pick out another picture card. Play the game until you get the picture card matching with the word card.
8.3 Bingo

- Listen carefully and number the correct picture.

**Teacher:**
1. The tiger is sleeping.
2. The deer is running.
3. The crow is flying.
4. The peacock is dancing.
5. Aaji is cutting vegetables.
6. Sonal is going to school.
7. Raju is knocking on the door.
8. Sneha is going on a scooter.
9. Kapil is driving a bus.
8.4 Traffic Signals

1. Listen and sing.

Red light, Red light,
What do you say?
I say, ‘Stop! Stop! right away.’

Yellow light, Yellow light,
What do you mean?
I mean, ‘Wait! Wait! till the light is green.’

Green light, Green light,
What do you say?
I say, ‘Go! Go! right away.’

2. Watch carefully and act accordingly.

STOP AND WAIT
GET READY
GO

3. Draw the traffic signals and tell what they are saying.
Look at the pictures and tell.

What shall Dolly wear today?

A green shirt, black shorts and sandals.

- a shirt
- shorts
- a skirt
- a sweater
- a dress
- shoes
- sandals
- socks
- a frock
- a coat
- a blouse
- a belt
- buttons
- a scarf
- a cap
Look at the pictures. Listen, repeat and enact.

- Where is my shirt?
  - It is in the cupboard.

- Where is my bag?
  - On the table.

- Where is my slate?
  - It is in your bag.

- Where is my pencil?
  - It is under the table.

- Where are my shoes?
  - Near the door.

- Ready?
  - Ready.

- I go to school with my sister.
- Join the dots, complete the picture and colour it.
8.8 We Like Cooking

1. Look, listen, repeat and speak.

- A nita is cutting carrots.
- A nil is washing vegetables.
- Aaji is grating cucumber.
- Ajoba is shelling peas.
- Father is frying puris. Mother is making kheer.

2. Listen, repeat and answer.

- What’s Anil doing?
  - He is washing vegetables.
- What’s Anita doing?
  - She is cutting carrots.
- Aaji is grating cucumber.
- Ajoba is shelling peas.
- Father is frying puris. Mother is making kheer.

What We Use In Our Kitchen

- pots
- a pan
- a sieve
- a knife
- a spoon
- a glass
- a dish
- a bowl
- a tray
- a pressure cooker
- a mixer
- a grater
Once, a fox met a crane.

“Hello, Crane. How are you?”

“I am fine. Thank you. How are you?”

“I am fine. Crane, do you like kheer?”

“Oh, yes. I love kheer.”

“Then come to my house. We’ll have kheer.”

Crane went to Fox’s house. Fox served kheer in two dishes.

“Eat up your kheer quickly. Then, I will give you some more.”
Poor Crane!
He could not eat quickly from the dish.

Fox ate up all the *kheer*.
He began to laugh, ‘Ha, ha, ha!’

Crane said,
“Fox, come to my house tomorrow.
We will have some more *kheer.*”

Fox went to Crane’s house.
Crane served *kheer* in two tall pitchers.

“Eat up your *kheer* quickly.
Then, I will give you some more.”

Poor Fox!
He could not eat quickly from the pitcher.
So Crane ate up all the *kheer.*

Fox learnt his lesson.
• Look at the English letters.
School is over.
Oh, what fun!
Lessons finished.
Play begun.
Who'll run fastest
you or I
Who'll laugh loudest
Let us try.
The Constitution of India
Chapter IV A

Fundamental Duties

ARTICLE 51A
Fundamental Duties It shall be the duty of every citizen of India—
(a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
(b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
(c) to uphold and protect the sovereignty, unity and integrity of India;
(d) to defend the country and render national service when called upon to do so;
(e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities, to renounce practices derogatory to the dignity of women;
(f) to value and preserve the rich heritage of our composite culture;
(g) to protect and improve the natural environment including forests, lakes, rivers and wild life and to have compassion for living creatures;
(h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
(i) to safeguard public property and to abjure violence;
(j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement;
(k) who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years.

E-learning material for the Standards I to XII

Available in Marathi and English medium

Features
- Inclusion of prescribed subjects as per subject scheme.
- Complete E-learning material based on textbook
- In the form of audio-visual
- Presentation of chapterwise content and inclusion of questions as per necessity
- Inclusion of various activities, pictures, figures/diagrams, etc.
- Use of animation for easy and simple learning
- Inclusion of exercises.

E-learning material (Audio-Visual) for the Standards One to Twelve is available through Textbook Bureau, Balbharati for the students of Marathi and English medium.

For purchasing E-learning material...
- Register your demand by scanning the Q.R. Code given above.
- Register your demand for E-learning material by using Google play store and downloading balbharati app.
- Visit the following websites of the Textbook Bureau.
  www.ebalbharati.in
  www.balbharati.in