

## The Constitution of India

## Chapter IV A

## Fundamental Duties

## ARTICLE 51A

Fundamental Duties- It shall be the duty of every citizen of India-
(a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
(b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
(c) to uphold and protect the sovereignty, unity and integrity of India;
(d) to defend the country and render national service when called upon to do so;
(e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities, to renounce practices derogatory to the dignity of women;
(f) to value and preserve the rich heritage of our composite culture;
(g) to protect and improve the natural environment including forests, lakes, rivers and wild life and to have compassion for living creatures;
(h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
(i) to safeguard public property and to abjure violence;
(j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement;
(k) who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years.

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## Preface

## Dear Children,

Now you are in Standard One. A most hearty welcome! We are happy to place this textbook English Balbharati for Standard One in your hands.

Standard One is the beginning and foundation of education. To establish this foundation you should be able to speak, read and write in English properly. Until now you have heard English sometimes at home and outside the home. Now you have to learn, read and write it. This textbook is full of songs, rhymes, poems, stories and activities. It will make your learning interesting and easy.

There are various types of rhymes and poems. You will be very happy to sing them and dance to them all together. You will enjoy to listen and tell stories also. Everyone will be very happy to listen to your experiences while chatting about pictures in your textbook.

There are many colourful pictures for reading, letters and words that you would love to learn. At the beginning, you will surely enjoy the fun of learning words and letters from pictures. Learn to read, to look and to say, to write in the 'W ord' file; everything is fun. There are also some language games. Learning the language in a playful manner will help you to read the words, sentences and lessons. From all of these you will have the pleasure of learning on your own. Q. R. Codes have been given to songs, stories, letter groups, picture reading and other activities too. You will definitely like everything.

At the end of the Standard One, I hope you will be able to speak, read and write confidently. Friends, grow up while studying with joy. Wish you all the best for your studies!

## Pune

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## For Teachers / Parents

Learning should be enjoyable, interesting, motivating and constructive for the children. To develop child's language skills like listening, speaking, reading, writing and study skills all the activites and games have been planned in this book.
Each unit has following sections.

- Let's listen : Use of rhymes, poems, simple instructions, polite requests, words, sentences and stories.
- Let's speak : Use of some of the basic functions of language such as greetings, introduction, expressing feelings, conversations and answering open - ended questions.
- Let's build words : Use of flash cards, various games and activities for increasing and enriching vocabulary.
- Let's communicate : Use of conversations and games.
- Let's read : Use of alphabet, sight words, rhymes and stories.
- Let's write : Use of different writing forms.
- Let's assess : Through various activities and games recognise alphabet and sounds.
- differentiate between small and capital letter
- arrange al phabetically
- reciting poems, follow instructions
- giving verbal and non - verbal responces
- understand sequence in the stories
- speak about self/ situations/pictures
- enact or dramatize an event, conversation or story
- 'Word' file : The 'Word' file activity will develop interest in learning process and develop vocabulary. Parents/teachers should allow the child to find, cut, draw pictures or write / copy words etc.
The present textbook is a child - friendly, child - centred, activity - oriented and based on constructivism. It will surely develop confidence and interest in the child for English. The techniques and strategies recommended / used in this book will help in the all round development of the children.

The book has been integrated into various types of themes which promote collaborative learning.

Instructions for Teachers / Parents
(1) Listen, sing and act : The teacher may add other happy actions to the song; for the practice.
(2) Look and Say: Use flash cards and make the children read the words at sight.
(3) Game : 'A rya says' Page 3. Give ample practice of action time to the children. A sk any one child to play the role of Arya and give instructions. Children can use their own names in the place of 'A rya'. Let each and every child get the chance in the game.
(4) For Page 5, 6 : Prepare and use several sets of small and capital letter cards to give practice of all the activities given.
(5) W ord game Page 6 : M ake each child say a word that does not start with the first letter of his/her first name. If he/she makes mistake he/she will be out of the game. Give enough time to each and every child to tell the word. This will provide ample scope for collection of maximum vocabulary.
(6) Soham's Ball Page. 10 : Give more emphasis on the thought provoking questions given in the story.
(7) Magic words Page 11 : Provide more examples/ situations for motivating children to use magic words in their day-to-day life.
(8) Guessing Game Page 16:Tell at least three sentences about classroom things and ask the children to guess them.
For example : It is black. It is on the wall. It is used for writing. What is it? Give more examples.
(9) Picture describing Page. 14, 18, 61, 63, 75. Motivate the children to answer different types of questions, to observe and talk about the given pictures.
(10) Game : Just whisper Page 19 : Whisper a word/ words/sentence to any child and ask him/her to whisper the message to his/her friend sitting beside him/her. Continue the game upto the last participant in the game. Then ask him/her to tell the message aloud.

The teacher must make sure that each child participates in all the activities.

# English Balbharati - Standard One - Learning Outcomes 

| Suggested Pedagogical Processes | Learning Outcomes |
| :---: | :---: |
| The learner may be provided opportunities in pairs or groups/ individually and encouraged to- <br> - name common objects such as- man, dog etc. when pictures are shown <br> - use familiar and simple words ('bat', 'pen', 'cat') as examples to reproduce the starting sound and letter (/b/, /p/, /k/ etc) <br> - develop phonemic awareness through activities focusing on different sounds, emerging from the words in stories and texts <br> - sing or recite collectively songs or poems or rhymes with actions <br> - listen to stories, and humorous incidents and interact in English or mother tongue (home language) <br> - ask simple questions like names of characters from the story, incidents that he/she likes in the story, etc. (Ensure clear lip movement for children with hearing impairment to lip read.) <br> - draw or scribble pictures and images from the story as preliminary to writing <br> - respond in mother tongue (home language)or English or sign language or non-verbal expressions what he/she has understood in the story or poem <br> - listen to instructions and draw a picture <br> - use greetings like "Good morning", "Thank you" and have polite conversations in English such as "What is your name?", "How are you?" etc. <br> - say 2-3 sentences describing familiar objects and places such as family photographs, shops, parks etc. | The learner- <br> 01.03.01 Associates words with pictures. <br> 01.03.02 Names familiar objects seen in the pictures. <br> 01.03.03 Reads words as a whole. <br> 01.03.04 Differentiates between small and capital letters in print. <br> 01.03.05 Enjoys, recites rhymes, poems, songs with actions. <br> 01.03.06 Identifies characters and sequence of a story. <br> 01.03.07 Responds appropriately to instructions and commands etc. <br> 01.03.08 Listens to English words, greetings, polite forms of expressions, simple sentences and responds in English. <br> 01.03.09 Repeats words and sentences correctly after the teacher. <br> 01.03.10 Learns new words. <br> 01.03.11 Reads words, phrases and simple sentences correctly. <br> 01.03.12 Says words with proper stress and intonation. <br> 01.03.13 Narrates/enacts a familiar story or event. <br> 01.03.14 Identifies and writes the letters of the alphabets correctly. <br> 01.03.15 Writes neatly and legibly. |

## Inside the Book . . . . .

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- Action Time
- Know Each Other
- Let's Learn Alphabet
- Frame Words
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- Sounds in the Middle of Words
- Soham's Ball
- Things that Go Together
- Number Song


## UNIT THREE

- Bow , Wow
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- Toto - The Hen
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## UNIT SIX

- Alphabet Song
- Shyam's Horse Cart
- Buying Things
- Everyday Things
- A Place for Everything and Everything in its Place
- The Ant and the Pigeon


## 1. A H appy Song

1. Listen, sing and act.


Clap, clap, clap, clap your hands.
Clap your hands together.
Tap, tap, tap, tap your feet.
Tap your feet together.


Walk, walk, walk, walk around.


W alk around together.
Jump, jump, jump, jump around.
Jump around together.

2. Sing the song again, changing the action.

Examples:
Sing a song
 W ave your hands

3. Look and say.


## 2. Nature

1. Listen, sing and act.

2. Look and say.

| nature | might | strong | beauty |
| :---: | :---: | :---: | :---: | :---: |
| moody | smart | blue | green |
| true | ever | free |  |

3. Describe the things you see in the picture.
4. Tell about the following things.


## 3. Action Time

1. Listen and act.

Stand up. Sit down.
Raise your hands.
Hands down.
Hands up. Hands down.
Stand up. Turn left. Turn right. R aise your left hand and shake it.


Raise your right hand and shake it.
Hands down.
Jump.
Stand on the left foot.
Hop. Stop.
Stand on the right foot.
Hop. Stop.
2. Listen and act.

A rya says:
Stand up.
Sit down.
$R$ aise your right hand.
$R$ aise your left hand.
W ave your hands.
Hands down.
Close your eyes.
O pen your eyes.
Stand up.

Turn left.
Turn right.
Turn around.
Jump on the spot.
Jump high.
Touch your toes.
Stand straight.
Run on the spot. Stop.
Touch your nose.


## 4. K now Each Other

1. Listen and say.


## 5. Let's Learn Alphabet

1. Look and say.

## Small Letters


2. Tell a word that begins with any letter.
t- table
b-bat
c - cat
d-dog, etc.
Prepare several sets of 'letter cards' using these and other interesting ideas. Let the children handle the cards freely. Replace damaged cards.
3. L ook and say.

## C apital Letters


4. Arrange the following letters in alphabetical order.
(1) d, k, w, a,
(2) $E, J, B, Y, S$
5. Alphabet Game: Stand in a row alphabetically as per the first letter of your name.
6. Look at my card and show a matching card / the same letter.
7. Listen to the name of the letter and show its card.

For example: ' ${ }^{\prime}$ ', 'c', 'a’
8. L ook at the small letter on this card and show the capital letter.
9. Look and say.

| $a A$ | $b B$ | $c C$ | $d D$ | $e E$ |
| :--- | :--- | :--- | :--- | :---: |
| $f F$ | $g G$ | $h H$ | $i l$ | $j J$ |
| kK | IL | $m M$ | $n N$ | $o 0$ |
| pP | qQ | rR | sS | tT |
| uU | $v V$ | $w W$ | $x X$ | $y Y$ |

z Z
10. M atch the capital letters with the small letters.

| $h$ | $i$ | $e$ | $N$ | I | D |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $m$ | $f$ | $d$ | $M$ | $F$ | $H$ |
| $w$ | $p$ | $s$ | $W$ | $P$ | $S$ |
|  | $n$ |  |  | $E$ |  |

11. W ord game: Tell a word that does not start with the first letter of your first name. If you make a mistake you will be out of the game.


## 6. Frame W ords

1. Look and learn.
a.

| $b$ |  |  |
| :--- | :--- | :--- |
| $c$ |  |  |
| $f$ | $a$ | $n$ |
| $m$ |  |  |
| $p$ |  |  |
| $v$ |  |  |


| ban |
| :--- |
| can |
| fan |
| man |
| pan |
| van |

b.

| $d$ |  |  |
| :--- | :--- | :--- |
| $h$ |  |  |
| $m$ | $e$ | $n$ |
| $p$ |  |  |
| $t$ |  |  |


| den |
| :--- |
| hen |
| men |
| pen |
| ten |

c.

| P |  |  |
| :--- | :--- | :--- |
| $t$ |  |  |
| $b$ | $i$ | $n$ |
| $f$ |  |  |
| $w$ |  |  |


| pin |
| :--- |
| tin |
| bin |
| fin |
| win |

d.

| $b$ |  |  |
| :--- | :--- | :--- |
| $c$ |  |  |
| $h$ | 0 | $w$ |
| $n$ |  |  |
| $w$ |  |  |


| bow |
| :--- |
| cow |
| how |
| now |
| wow |

e.

| $f$ |  |  |
| :--- | :--- | :--- |
| $r$ | $u$ | $n$ |
| $s$ |  |  |
| $b$ |  |  |


| fun |
| :--- |
| run |
| sun |
| bun |

2. Look, listen and circle the odd man out.
3. bat bed boat hut
4. sun lock sack soap
5. cock cat dog clap
6. ladder leaf rose lemon
7. key pot pen purse
8. top toy axe tree
9. C opy the words in 'W ord' file.


## 7. Letters on a Tab and C omputer K eyboard

1. Find, read and use.

## Letters on a Tab



Letters on a C omputer K eyboard

2. Type the following sentence on your parent's mobile/computer.

The quick brown fox jumps over a lazy dog.

Children can mimic typing on the keypad/keyboard


## 8. Sounds in the M iddle of W ords

1. W rite ' $a$ ' in each middle square.

2. W rite ' $e^{\prime}$, ' $i$ ', 'o' and ' $u$ ' in the proper boxes.

3. C opy the above words in your 'W ord' file.
4. Read the words and join each one to its starting sound.


## 9. Soham's Ball

1. Look, listen and read aloud with me.


Sam asks for the ball.
"'Excuse me. M ay I have the ball, please?"
"'Sure, here it is."
Soham and Sam are playing football.
Sam kicks the ball. It goes into
M r M ane's garden.


A fter sometime again the ball goes into Mr M ane's garden. Now, Soham asks for the ball.
"Give me the ball."
"'No, I won't," said M r M ane.


Why does M r M ane say ' No '? How is Soham feeling? How is MrMane feeling?

Soham tries again.
"'Uncle, may I have the ball, please?" How does Mr M ane feel now?

"Thank you," said Soham.
2. Magic word.

3. Draw outline around the words.
Thank you

Welcome
Excuse me


## 10. Things that G o Together

1. $M$ atch the following things that go together.

cup

table

ball

paint

chair


brush

saucer

bat
egg


hen

lock

pencil

key

notebook

rain
2. $M$ atch the pairs.

| cup | chair |
| :--- | :--- |
| table | brush |
| ball | saucer |
| paint | bat |


| umbrella | egg |
| :--- | :--- |
| hen | key |
| lock | notebook |
| pencil | rain |



## 11. Number Song

1. Listen, sing and repeat.

One, Two, Three and Four
Plant the trees more and more.


Five, Six, Seven and Eight, Plant the trees near the gate.


Nine and Ten, Nine and Ten, Plant the trees double of ten, double of ten.

2. Write the number names from the song. O ne is done for you.
1 One
6

2
7
3
8
4
9
5
10
3. Count and write.


## 1. Rain

1.L ook, listen, sing and talk about the picture.

The rain is falling all'around, It falls on the field and tree.

It rains on the umbrellas here,
A nd on the ships at sea.

2. Look and say.


## 2. Things in My C lassroom

## 1.L ook, say and learn.



## Place the cards at their proper places in the classroom.

1. Teachers should prepare cards for as many things seen in the classroom as possible. For example : table, chair, desk, bench, door, window, wall, corner, board, duster, chart, dustbin etc. Place them on / near each object and keep them there for about a month. Let the children read the words from time to time.

- Say one of these words and ask the children to point to it/ fetch it.
- Collect all the cards. Hand them out to the children.

A sk them to place the cards in the proper places.
2. Write and label the things in your classroom.


## 3. Let's talk.

(A) Teacher: Seema, please give me your notebook.

Seema : Here it is, M adam.
Teacher : Thank you.
Seema : M y pleasure, M adam!
(B) Seema : Swapnil, please give me a pencil.

Swapnil : Here it is, Seema.
Seema : Thank you.
Swapnil : W elcome.

## 4. $G$ uessing $G$ ame.

Tell any three sentences about the classroom things.
A sk the children to guess the thing.
For example : It is black.
It is rectangular.
It is used for writing.
(Blackboard)
(a) It is white.

It is small.
It is used for writing on the board.


## 3. C olours

1. Listen, repeat and sing.

2. Look, listen and repeat.

blue

violet

green

orange

yellow

white

red

indigo
3. Fill the letter shapes in the given colour.

4. Look at the picture and speak about it. M ake phrases of colours.

For example : Green grass
5. Identify the colours and its object.


Colours and words.
R
W


## 4. Magic Seed

1. Look, listen, sing and act.

I found a tiny little seed
A nd planted it outside.
A Imost at once it started
To grow up, tall and wide.
It sprouted leaves from everywhere, A nd soon became quite big.
I'm not sure what it is yet -
A pples, peas or figs?
No matter how it turns out, I know that it will be
M y own completely special
Something-or-other-tree!

2. Look and say.


## 5. Who are you?

1. Learn, read with me and enact.

Student 1 : Hello, I am a fresh green cabbage. W ho are you?
Student 2:I am a smart white rabbit, and I eat cabbages. ....
Student 1 : A aaa...... (Runs away.)


Student 3 : Hello, I am a juicy crunchy carrot. Who are you?
Student 2 : I am a smart white rabbit, and I eat carrots. .. .
Student 3 : A aaa..... (Runs away.)

Student 4 : Hello, I am a big red tomato. W ho are you?
Student 2: I am a smart white rabbit, and I eat tomatoes. . . . .
Student 4 : A aaa $\qquad$ (Runs away.)


Student 5 : Hello, I am a green leafy vegetable. Who are you?
Student 2: I am a smart white rabbit, and I eat vegetables . . . .
Student 5 : A aaa $\qquad$ (Runs away.)

Student 6 : Hello, who are you?


Student 2 : I am a smart white rabbit, and I eat vegetables. Who are you?
Student 6: I am a super-duper clever fox, and I eat smart white rabbits. . . .
Student 2 : A aaa, (Runs away.)

2. Name and label the pictures of various vegetables in your 'W ord' file.
3. E nact the story.

In this skit, use another names of vegetables and increase the number of characters. For example :
Pumpkin: I am a big fat pumpkin.
C auliflower: I am a leafy curly cauliflower.
Brinjal: I am a tiny purple brinjal.
Radish: I am a long and strong radish.

## 6. Be Quick

1. Listen and say. Listen to the names of the vegetables and add other names to it.

2. Play the game using different categories like fruits, colours, animals etc.


## 1. Bow, W ow

1. Listen, repeat and sing.


Bow, wow, says the dog,

M eow, meow, says the cat,


Grunt, grunt, says the hog, b


Tu-whoo, says the owl,


Quack, quack, says the duck,
A nd what cuckoos say, you know!

2. Look and say.

| dog | hog |
| :--- | :--- |
| cat | rat |
| crow | know |

3. M atch the animals to their sounds.

| dog | grunt-grunt |
| :--- | :--- |
| cat | quack-quack |
| hog | bow-wow |
| rat | meow-meow |
| owl | cau-cau |
| crow | squeak |
| duck | tu-whoo |

## 2. J ungle Safari

1. Look at the pictures for a minute. Close the book and tell the names of animals.

2. Draw pictures of these animals in your 'W ord' file. W rite their names.
3. Look at the pictures and answer.
(a) Spot the animals whose name ends with -
(i) the sound ' $I$ '
(ii) the sound ' t '
(iii) the sound ' $k$ '
(b) Spot the animals whose name begins with -
(i) the letter ' b '
(ii) the letter ' t '
(iii) the letter ' $s$ '
(c) Spot the names of animals which end with -
(i) the letter ' $e$ '
(ii) the letter ' t '
(iii) the letter ' $y$ '
4. Spot the given letter in the words and join all the letters you spot.
Example: |ion
elephant fly
came

| a | ant | rabbit | camel | snake |
| :--- | :--- | :--- | :--- | :--- |
| b | bear | bee | butterfly | rabbit |
| e | elephant | tiger | peacock | squirrel |
| i | giraffe | lion | tiger | tortoise |
| $\mathbf{0}$ | tortoise | peacock | lion | monkey |

5. M atch the double letters with the given words.

| rr | ff | ee | tt <br> giraffe |
| :---: | :---: | :---: | :---: |
|  | squirrel | butterfly | deer |

6. Find the small words hidden in the big words.


## 3. Toto - The Hen

1. Look, listen and read aloud.


Toto lived in a coop.
Toto was a very smart hen.


二
kok-kok-kok
 kok-kok-kokR Rahish used to give food to her everyday and played with her.
They became good friends.
When Toto laid an egg,
she used to make a 'special' sound "K ok-kokkok".

Then Rahish came out and fed Toto and took the egg for him.
One night Rahish was sleeping in the bed.
He heard the special sound of Toto "K ok-kokkok". Rahish came out from the house.


Toto ran to Rahish and pecked his leg. Rahish looked around to see what happened. He smelt something burning.
"Oh! M y God! The coop is on fire", he shouted. The coop was in a mess.
Rahish ran to the tap of water and took the pipe.
Then he showered the water and put out the fire.


Then, Rahish bent and picked up Toto.
"Y ou smart hen, my dear friend!
You have saved my farm", said Rahish.
Toto happily replied to Rahish, "K ok... ... ....
K ok... ... ..K ok... ."
2. Let's talk.

Talk about your pet animal and how you take care of it.
3. Look and say.

| pet | lived | smart | egg |
| :---: | :---: | :---: | :---: |
| hen | everyday | fed | bed |
| went | shout | burning | fire |
| coop | pipe | tap | farm |

4. Tell the story in your own words.
5. Read the story and complete the following sentences.
(a) Toto was a $\qquad$ hen.
(b) Rahish used to give $\qquad$ to Toto.
(c) Toto Iaid an
(d) Toto happily replied to Rahish, " $\qquad$ .".


## 4. Let's know more about animals.

1. Look, listen and read.

2. Let's talk.

Sunny : Hello, Rani.
Rani : Hi, Sunny.
Sunny: Can you make the sound of a dog?
Rani : Y es. I can. Can you make the sound of an elephant?
Sunny: No. I can't.


## 5. Surprise Birthday Party

1. Look at the pictures, listen and read.

There was a monkey named $M$ anku. M anku lived in a cave.


A lake was near the cave.
Ducky, the drake and his sister Lucky lived in the lake.
Jin and J enny, the cranes lived near the lake.
All of them were $M$ anku's friends. They loved to play together.
One day M anku became very happy. " Oh! Tomorrow is Sunday and Sunday is my birthday. Ducky, Lucky, Jin and Jenny will come to say, Happy Birthday", thought M anku.
Soon it was Sunday.
$M$ anku waited for a long time for hours and hours. But no one came. So he felt very sad.


M anku went to the lake. But no one was there.
So sadly M anku came back to his cave. M anku was surprised to see the cake on the table.
"W ow! A cake!" said M anku.
Ducky, Lucky, Jin and Jenny came out and shouted, " Happy Birthday to you... Happy Birthday dear, M anku."
" We were waiting to give you a surprise", all said.
" I baked cake for you", said Jin.
" I bought you some grapes," said Jenny.
" A nd we have made this table for you", said Ducky and Lucky.
" It's really a surprise for me. Thanks, my dear friends. You all are really great ! I love you all," said M anku.
Then they all danced together.

2. Talk about your favourite animal. W rite a few lines about it.
3. $M$ atch the following things and sounds with their pictures.

Things

horn

bangs
clock

beat
drums

rings
door

ticks
dishes

honks


## 1. An Action Song

1. Listen, sing and act.

2. Read aloud.

| turn - burn | nose - toes | shut - cut |
| :---: | :---: | :---: |
| sit - kit | hand - band | ground - round |
| jump - pump | pull - full | head - thread |

3. Look and say.

| face | head | hair |
| :---: | :---: | :---: |
| chin | nose |  |
| cheeks | mouth | teeth |
| tongue | ears | lips |

4. Read the word and show the proper body part.
5. Copy the words in your 'Word' file. Draw/label suitable pictures for them.


## 2. Sunny and Mini

## 1. Listen carefully.

It was Sunday morning. Sunny was in his bed.
" Get up Sunny, brush your teeth", said his mother.

" Hi Sunny, you are still lying in bed. Get up, " said M ini.
" Hi M ini, let's play.
" B ut you look so dirty. I am clean."
" So what? Let's play M ini."
" Come on Sunny, look yourself in the mirror."

" Ok.I will".
" Y our teeth are yellow. Your mouth is
 sticky. Your hair are messy."

" Y es, I am looking very ugly."
" I like clean friends. Clean yourself and let's go to play."
" Y es, I will be right back."

" W ow, Sunny you are looking neat and tidy. Let's play."
" Thank you, M ini. Let's play and enjoy Sunday."
$M$ ini and Sunny are playing with each other.
2. C omplete the following sentences.


Sunny is $\qquad$


Sunny is


Sunny is $\qquad$


Sunny is $\qquad$


Sunny is


## 3. G ood Habits

1. Look, listen, repeat and follow the good habits.

2. Put a $\boxtimes$ for the good habits and $\boxtimes$ for the bad habits.

- Priya wastes food. $\square$
- R ohan closes the tap while brushing.
- M ini brings chips everyday in her tiffin. $\square$
- A man kicks his pet dog.
- Sohan takes care of his cat.
$\square$
$\square$
$\square$


## 3. J ump in and jump out.

Children have to stand in a circle. They have to jump in if the teacher says a good habit and jump out if the teacher says a bad habit.

Exercising every day, waking up early in the morning, eating junk food, teasing others, going to school every day, eating vegetables and fruits, biting nails, watering plants, keeping our room /house/ classroom clean, always playing games on mobile, playing outdoor games, helping mother in her work, helping your friends, washing your hands, finishing your tiffin, using your handkerchief, picking your nose, etc.

4. Read and write the habits given below in your notebook.


## 4. Favourite Things

1. L ook, listen, sing and act.
 cakes, A nd butterfly wings.
A journey on a train A visit from a friend

2. L ook and say.

3. M ake a list of your favourite things.
4. W ho is your best friend?
5. Which is your favourite ice-cream?


## 5. The Helpful G irl

## 1. Read and discuss.

Once there lived a girl, Reema.
She was very, very helpful.


W hen she came back home, She hel ped her mother and father.


W hen she went to the playground, She picked up small stones and thorns. W hen she went for a picnic, She took care of her friends.

W hen she went to a shop, she selected things carefully.


She made greeting cards for her friends, and gave them on their birthdays. She was the best girl in our school.
2. W rite the actions that Reema did.


## 6. W ord House

1. Read and write down the related words in the blanks.

Body parts

Home

| foot | kitchen | knee | bag | one |
| :--- | :--- | :--- | :--- | :--- |
| mother | father | shirt | saree | wrist |
| coat | spoon | three | eyes | elbow |
| cupboard | five | scarf | shoulder | dress |
| T.V. | 4 | $1^{\text {st }}$ | socks | head |
| raincoat | stomach | glass | hall | bed |

Numbers

## 7. Bicycle

1. Listen, read aloud and enact.

Raj is on the bicycle.
$V$ arad wants it.


How does Raj feel?
How does $V$ arad feel?
Raj cries.
He feels sad and angry.
W hat do you think, will happen next?


Raj grabs the bicycle back.
Raj and V arad shout.
Sushma M adam comes over.
" Raj, you look upset! A nd, V arad you seem angry."
" I want the bicycle, said V arad.
I was on the bicycle.Y ou pushed me.
Don't do that," said Raj.
Raj and V arad both want the bicycle. What could they do?
"V arad can have the bicycle, when I have finished my turn. I'll ride three times," said Raj. Then it's your turn.
"Ok. I'll count."

They have worked it out.
Raj is having a turn on the bicycle. Now, it is V arad's turn. They both had a turn. How is Raj feeling now? How is V arad feeling now?

## 2. Answer the following questions.


(a) W ho is on the bicycle?
(b) W hat does Raj grab back?
(c) W hat do Raj and V arad want?
(d) How many rounds do Raj and V arad have?

(a) W hen you get a chocolate
 happy
(b) W hen you share your things
 .......................
(c) W hen you help your friend $\square$
(d) W hen you lose your pencil $\square$


## 8. W here is the cat?

1. Look and read.

Little cat is going to the park. She is sitting in the car. Let's see where she is ... .

2. E nact the activity with the children with the help of table/bench/ chair/etc.
3. Fill in the blanks with correct words.
(1) The cat is the car.
(2) The cat is the car.
(3) The cat is ... ... ... ... ... ... . the car.
(4) The cat is ... ... ... ... ... ... . the car.
(5) The cat is ... ... ... ... ... ... . the car.
(6) The cat is $\qquad$ the car.
(7) The cat is $\qquad$ away from the car.


UNIT FIVE

## 1. We are opposites.

1. Listen, sing and enact.


W e are opposites, A nd I'll tell you more!
I say after, A nd you say before.
I come in,
A nd you go out,
W e are opposites, Let's give a shout!


I look up,
A nd you look down,
I like to walk,
You run to town.


As smaller can be, You are big,
M uch bigger than me.
I say stop,
A nd you say go,
W e are opposites,
I told you so.


Think on your own,
If you want any more.
I think it's hot,
You think it's cold,
I say it's new,
You say it's old.

2. Read aloud and say faster and faster.

> brown, frown
> dear, near
> walk, talk, chalk
> cold, old, gold
> small, ball, all
3. Read aloud the words in the two boxes given below and find the pairs of opposite words.

For Example : lost $\times$ found

| after | hot | small | before cold | big |  |
| :--- | :---: | :--- | :---: | :---: | :---: |
| up | new | left | down old | right |  |
| stop | in | here | go | out | there |

4. Look and say.

## look

give
shout
bigger
anymore
think
opposites
said
5. C ircle the word that does not rhyme with the rest.
(a) more, score, door, dare
(b) go, so, do, no
(c) down, town, brown, own
(d) fun, ran, gun, sun
(e) game, same, name, come
(f) bush, brush, rush, crush


## 2. Dough Shapes

1. Try this and tell the others.


## What you need?

- Flour (1 cup), salt (1 cup), oil (4 teaspoons), water. Seeds or dal for decoration.


## What do you do?

- Put the flour, the salt and the oil in a bowl.
- Add half cup of water and mix well with a spoon.
- Add more water if the dough is dry.
- Add more flour if the dough is sticky.
- Mix well.
- Soon your dough will be ready.
- You can knead the dough, you can press the dough.
- You can squeeze the dough, you can roll the dough, and give it any shape you like.
- Shape the dough to make any shape of your choice.
- Decorate your dough shapes with onion seeds, mustard seeds, masoor dal etc.
- You can use the same dough again and again.

O bjects made out of dough


Instructions: (1) Instead of dough clay can be used.
(2) U se different types of dals to decorate the objects.
2. Draw / Stick pictures of the shapes you have made and paste them in your 'W ord' file. W rite the names of the shapes below the picture.
3. Which of the shapes you like most that you made? Use it in your own sentence.

For example : I like the wheel, I made. We use wheels to run a car.


## 3. A Surprise for Grandma

1. Listen, read and enact.


Sunday is a holiday, Sohan and Sweety are going to visit Grandma and Grandpa.
" Hello! Grandma."
" Hello! Grandpa."

Grandma has been busy today. She has cleaned all the rooms, she has wiped all the windows.
" A re you tired, Grandma? Let's give Grandma a rest today. Just sit and have a rest."
" Come on Sohan!
Come on Sweety!"
Grandpa, Sohan and Sweety work in the kitchen. They are busy.
"Come to the kitchen, Grandma. Come and see."

"Oh! Soup, sandwiches and salad, what a treat!"
"Grandma, do you like Banana Delight?'
"Oh! I love it!"
"A nd now there's a surprise for you! Grandma, open this parcel."
"Oh! A mobile phone! W hat a surprise!
But...!"
"Grandma, no buts, now. I know your problem. You don't know how to use this. But don't worry, we will all help you."

2. Look and say.

| has | been | what | did | for | today |
| :---: | :---: | :---: | :---: | :---: | :---: |
| us | here | she | we | how | please |

3. Answer the following questions.
(a) W ho are going to visit Grandma and Grandpa?
(b) W ho has been busy today?
(c) W here do Grandpa, Sohan and Sweety work?
(d) W hat is the surprise for Grandma?

## 4. Who said the following?

(a) "'A re you tired Grandma?"
(b) "Come on Sohan! Come on Sweety!"
(c) "Oh! A mobile phone."
(d) "B ut don't worry, we will all help you."
5. How can we keep the following clean?

| Body | Clothes | Home | School |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |



## 4. Tasty Treat

1. Try this and tell the others.

Take two slices of bread.
Spread some butter on the side of each slice.
Spread some chutney on the butter. Put one slice, butter side down, over the other slice.
Press a little.
Your sandwich is ready.
Y ou can use sauce, honey, jam, sugar, cheese - anything you like in your sandwich.
2. Read and make 'B anana Delight' using the following steps.

Y ou need : Two bananas, milk (1 cup), sugar (4 teaspoons)
What you do: 1. Peel the bananas.
2. M ash the bananas in a bowl.
3. A dd the sugar.
4. Pour the milk into the bowl.
5. Stir well with a spoon.


## 5. Me, M yself and I

1. Listen, sing and act.

Me , myself and I .
We went to the kitchen and ate a pie.


Then my mother she came in,
 A nd chased us out with a rolling pin.
2. Look and say.

pie
chased
ate
kitchen
3. About M yself.
$M y$ name is $\qquad$ .

I am studying in standard.

I am $\qquad$ years old.
I live in $\qquad$ .
$M$ y friend's name is $\qquad$ .
$M y$ hobby is $\qquad$ .

M y favourite colour is $\qquad$ .
4. Tell about yourself and write it in a few lines.
5. C opy the words in your 'W ord' file.

## 6. Throw the ball.



## 1 Alphabet Song

1. Listen, repeat, read and sing.

$\underline{\text { a }}$ ate an apple b bounced a ball. c cut a carrot and d dressed a doll.

e eats eggs, and f falls flat. g grows grapes and $\underline{h}$ hangs a hat.

$\underline{i}$ is on an island i jumps and jogs. $\underline{k}$ keeps kittens and


I lifts logs.


q queued up quickly
$\underline{r}$ rolled and rose.
s spoke slowly and $\underline{t}$ touched his toes.

$\underline{\mathbf{u}}$ uses an umbrella $\underline{\mathbf{v}}$ has a voilet van.
$\underline{\mathbf{w}}$ washes windows
(whenever he can!)

$\underline{\mathbf{x}}$ hides in boxes $\mathbf{y}$ says 'yummy' and 'you' $\underline{\underline{z}}$ says 'zig-zag-zoom'.
Hurrah! We are through.

2．Say the letters from＇$a$＇to＇$z$＇and fill the missing letters．
－a口ロロe
． 0 $\qquad$ －f $\square \square \square \mathrm{j}$

3．Listen and tell the next letter．
－m ：
－J ： $\qquad$ － $\mathrm{n}: \square$ －V：$\square$

4．Listen and tell the letter before．
－$\square$ ：b
－$\square: ~ m$
－$\square: ~ S$
－ $\square$ ：Z

5．C hoose any letter from＇$a$＇to＇$z$＇．
W rite within two minutes，at least five words which have that letter．
6．M ake up meaningful phrases／sentences by using words which begin with the same sound．
big ：a big blue ball for baby．
green： $\qquad$
cold ：
dogs ：
eight ： $\qquad$
7．W rite the words starting with letters given in the circle．

$\qquad$

8．Frame meaningful words using the letters given in the following shape．

$\qquad$


## 2. Shyam's H orse C art

1. Look, listen and read aloud.

Shyam started in his horse cart to go to the fair. On the way, M adhu and M eera said, "Can we come?" "Oh, yes!" said Shyam.


The dog saw them. He asked, "Can I come?" "Oh, yes!" said Shyam.


They were going through the fields.
The peacock saw them and asked, "Can I come to the fair?" "Oh, yes!" said Shyam.

W hen they were crossing the river, The frog asked, "Can I come to the fair?" "Oh, yes!" said all of them.
Shyam said, "Come and sit near me." They saw the fair from a distance. The peacock was so happy, it spread it's feathers and started dancing. But one feather touched the dog's ear. He sprang up and
 barked loudly.


Madhu was frightened. Meera fell on the frog. The frog fell on the horse.
The horse was so frightened that he ran helter-skelter.



Shyam fell off. Then Madhu and M eera also fell off. One by one all of them fell off.

The horse kept running and stopped when it reached near the fair.


Shyam, Madhu, Meera, the dog, the peacock and the frog were all panting when they reached.
Till then the horse became quiet and relaxed. In the evening they returned happily in the horse cart.


## 2. Listen, tell and write.

Example : one bird - many birds
(1) one dog
(2) one peacock
(3) one horse
(4) one field
(5) one feather
(6) one river
(7) one thing
(8) one banana
(9) one frog
(10) one room $\qquad$
3. Look and say.

| horse cart | peacock | fields | fair |
| :---: | :---: | :---: | :---: |
| come | near | frog | again |
| panting | quiet | happily | sprang |

4. W rite who went to the fair with Shyam.
5. W hy did the horse run helter = skelter?
6. C lassify the following animals as domestic animals and wild animals. (dog, horse, lion, elephant, cow, frog, peacock, cat)

| Domestic animals | W ild animals |
| :--- | :--- |
|  |  |
|  |  |
|  |  |
|  |  |

7. W rite the names of any five vehicles.
8. W rite the names of things you see in the fair.
9. Unscramble the words.

- rohseract
- paeokcc
- ielfd
- yto
-iraf



## 3. Buying Things

## 1. Listen and read.

Soham and Reva are going to a shop with their parents.
W hat a big shop!
M other wanted to buy some things. Father wanted to buy some things.
"How about you, children? Do you want to buy something on your own? Here's some money. You can use it to buy anything you like."

"'Shall we buy chocolates?"
"'Shall we buy crayons?"
"'Shall we buy a toy?"
"'Please help us, mother.
W hat should we buy?"
"'W ell, you can buy something that will finish up quickly, or, you can buy something that will last long. You can buy something made by others, or, you can buy things and make something yourself.'
"That's a good idea. Let's buy things and make new things with them."

Soham and Reva picked up some things. They went to the counter.
"We want to buy this paper, glue and colours. How much is it?"
"Ninety-five rupees in all."
"Here's the money. A hundred rupees."
"Thank you. I must give you five rupees
 back. Here it is."
"That's right. Thank you."

2. Look and say.

| own |
| :---: |
| finish |
| colours |


| money |
| :---: |
| idea |
| must |

## shop

## anything

counter
picked
3. C omplete the following sentences using your own ideas.

- We are going to
- I want to read
- I want to buy
- Shall we
- I must give you

4. Read and complete the following table.

| One | Many | One | Many |
| :---: | :---: | :---: | :---: |
| shop | shops | crayon |  |
| thing |  | colour |  |
| toy |  | idea |  |
| chocolate |  | paper |  |
| rupee |  | parent |  |

5. W rite what you can make using paper, glue and colours.
6. Name the following.
7. Things that finish up quickly
8. Ready-made things
9. Things that last long
10. Things that you can make at home

Form groups. Let the children enact the passage with suitable actions and given words.


## 4. Everyday Things

## 1. Read, tell and write.

Things you eat : Rice,

Things you drink : milk,


Things you wear: tie,

$\qquad$ $=$

Things you use : spoon, - ○


Things you can make: A Garland,



Things you care for : your pet animal,

2. List more examples of each of the things given above. Then choose any one example and write one or two lines about it.

Talk to the children about each item and encourage them to list and describe as many examples as possible, orally. Point out that they can talk/write about the colour, size, shape, feel (soft, rough, hard, etc.) smell, sound, etc. of each.
For example, 'I eat rice. It is white, soft and tasty. I eat it hot.' ' Our doorbell goes ding-dong/ trrring when you press the button.'


## 5. A Place for Everything and E verything in its Place

1. Look carefully and tell what you see in each picture.

2. W hich of the things in these pictures don't belong there?
3. Say where you will put them. Describe each picture in one or two lines.

- Lets play - 'W ord String'

Teacher will make children play the game 'W ord String'. First child will say apples in the fridge. Second child will add one more thing and will say apples, oranges in the fridge. In the same way the next child will go on adding things and play the game with variations.

Y ou can make more word strings by using the following things.

- Things on the table
-Things in the cupboard
- Things in the basket etc.



## 6. The Ant and the Pigeon

## 1. Listen, read and do.

2. Look at the pictures. Put the correct numbers in the circles to make a meaningful story.


1
One day an ant fell into a pond and could not come out.

3
The ant climbed onto the leaf and safely came out of the pond.

5
The ant saw this and quickly climbed up his arm and stung it.

2
A pigeon sitting on a tree saw it and decided to help the ant. He threw a leaf into the pond.

A fter a while a hunter saw the pigeon and aimed at it.

6
The hunter screamed in pain. He missed his aim.
The pigeon heard his scream and flew away.
3. Look and say.


## screaned <br> leaf stung

4. Fill in the missing words.

| $s$ | - | $r$ | - | $a$ | $m$ | - | $d$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| $p$ | $i$ | - | $e$ | - | $n$ |
| :--- | :--- | :--- | :--- | :--- | :--- |


| $a$ | i | - | $e$ | $d$ |
| :--- | :--- | :--- | :--- | :--- |



1. Listen, learn and read aloud.


When you go out into the street In your vehicle or on your feet, Look out for each traffic sign, To keep you safe, secure and fine.

To cross the road when you go walking, U setheblack and whitezebra crossing.


## Traffic Signal for Vehicles



If a signal changes to the colour red, STOP at once, don't go ahead.

GET READY, be very careful, when itturns yellow.

W hen it turns green, it is safe to GO.
Obey the rules without much fuss, and reach home safe, you are precious.
2. Look at the word and enact the proper actions.
GET
READY

STOP
3. Listen and write.

| - watch | $\bullet$ go | $\bullet$ stop | • without |
| :--- | :--- | :--- | :--- |$\quad$ • feet

4. M ake as many smaller words as possible from the words given below.

- autorickshaw
- motorcycle

5. Describe any vehicle of your choice in two or three lines.
6. Draw / Stick pictures of various kinds of vehicles and paste them in your 'W ord' file. W rite the name of each picture below it.

| - truck | • tractor |
| :--- | :--- |
| - tempo | • bicycle |
| - bus | • scooter |
| - jeep | • autorickshaw |
| - ship | • boat |
| - plane | • bullock cart |
| - motorcycle/motorbike |  |

The teacher shows the card, without reading out the word. In response, children imagine they are a vehicle, and act appropriately.


## 2. A Shapes M obile

1. Listen, read and do.

- Take a sheet of chart paper.
- Draw the following shapes in big size on the chart paper.
- Colour the shapes as you like.
-Cut out the shapes.
- M ake a tiny hole at the top of each shape.
- Pass a string through the hole.
- M ake a knot and tie the string to the shape.

square

kite

cloud

mango

triangle

oval

star

flower

circle

rectangle




- Take two sticks and tie them together in the shape of ' $x$ '.
- Tie the shapes to the arms of the ' $x$ ' with their strings.
- Some strings should be short, some long.
- Tie a strong thread to the centre of the ' $x$ '.
- Hold your mobile up with the strong thread.
- Y ou can hang it anywhere you like.

2. Arrange the following words alphabetically.
(1) square, triangle, circle, rectangle, kite, oval, egg, heart
(2) cloud, star, rainbow, crescent moon, mango, flower, leaf, butterfly
3. Do you find these shapes in the things around you?

Talk about any two shapes you spot.
4. Which is your favourite shape? W here do you find it?

Talk about it and write one or two lines about it.
5. Draw the shapes in your 'W ord' file and write the name of each shape below it.
Note that for 'leaf' and 'flower', you can use the shapes of different leaves and flowers.
For which other words given here can you use a variety of shapes?

1. Read out the instructions and demonstrate how to make a mobile. With adequate prior preparation, let the children prepare the mobiles in the classroom itself. It may also be done as a group-activity.
2. Encourage the children to express their own ideas when they speak and write about the shapes. Everyone should get an opportunity to speak.


## 3.The Egg

## 1. L ook, listen and read.

B aby Parrot lived in a nest with M ummy and a big white egg. "I'm going to find some food," said M ummy one day.

"'Y ou must look after the egg until I return." B aby Parrot watched the egg for a very long time. She moved it around to make sure it was comfortable. She wrapped her wings around it to make sure it was warm. " I'm very good at looking after eggs," she thought.
Just then, she heard the monkeys playing in the trees. B aby Parrot tried to call like a monkey, too. She peered over the edge of the nest and laughed at their games. Suddenly B aby Parrot remembered the egg. She looked around and gulped. It was broken. M ummy would be angry! But when M ummy returned, she wasn't angry at all.

2. Look and say.
"Don't worry," M ummy said, as a little parrot popped out of the broken eggshell. "The egg has hatched while I was away. Now you' ve got a new baby sister to play with!"

| baby | parrot | mummy | comfortable |
| :---: | :---: | :---: | :---: |
| wrap | remember | gulp | angry |
| eggshell | hatch | sister | edge |

3. W ho lived in the nest?
4. W hat did the Baby Parrot remember?
5. "Now you've got a new baby sister to play with!" Who said this?
6. Add words to the following to make longer phrases. Example: - a parrot

- a baby parrot
- a baby parrot in a nest
-egg • mummy • monkey

7. W rite one line each about the characters you have met in the story.
8. Find the small words hidden in the big words.

- comfortable
- eggshell
- monkey

9. Find out the words from the story which contain blends (double letters) in their spellings.For Example: 1. parrot
$\qquad$
10. ........
$\qquad$
11. .........
12. .........
13. ........
14. $\qquad$
15. .............
16. 
17. ...........

10
12. ........
14. .........


## 4. This - That

## 1. Listen and repeat.


2. Fill in with 'This' or 'That'.

| ............... is a book. | ............... is a tree. |
| :--- | :--- |
| .............. is a pencil. |  |
| ....................... is the sun. |  |
| is a spoon. |  |



## 5. The M onkey and the Log

## 1. Listen, read and enact.

Once upon a time, certain workmen were busy building a temple. When it was noon.

Ramrao, let's go to the town for lunch.

Suddenly, a monkey arrived.

Let's hope no one touches that wedge while we are away.



The poor monkey cried in pain. So we should not meddle with things that are not concerned to us.
2. Learn and write the words neatly.

3. C omplete the following phrases.
(1) Once upon a time there were two friends.
(2) Once upon a time there was
(3) Once upon a time there were
(4) I wonder
(5) I hope
4. E nact the story.


## 1. The Sun

## 1. Listen and repeat.

I told the Sun that I was glad,
I'm sure I don't know why;
Somehow the pleasant way he had Of shining in the sky, Just put a notion in my head That wouldn't it be fun.

If, walking on the hill, I said "I'm happy," to the Sun.
2. W rite the rhyming words.
(1) why
(2) glad
(3) fun
(4) head
$\qquad$
3. Look at the picture and fill in the blanks using words given in the bracket. (eating, climbing, singing, shining)

(1) The Sun is in the sky.

(2) Raj is a ladder.
(3) John is
a song.

(4) J enny is a banana.


## 2. Tommy is Lost.

## 1. Listen and read.

Once there was a boy.
His name was Joy.
Joy had a dog. The dog's name was Tommy. Joy liked Tommy very much.


Joy said, "Come, Tommy, let's go for a walk."

" It is very hot."
" We will go to the pond."
Joy and Tommy began to walk.
The pond was inside a forest.
Suddenly, Tommy saw a fox passing by.
Tommy ran after the fox.
"Stop, Tommy! Stop !" Shouted Joy.
But Tommy did not stop.


Joy ran after Tommy, but he could not catch Tommy. "Oh, Tommy is lost!" cried Joy.
Joy sat on a stone and sobbed.
"Tommy's gone and I'm lost!
W hat will I do?" he cried.
Then Joy saw Tommy coming back soon. Joy hugged Tommy and cried in joy.


2. Find the rhyming words from the story.
(1) box
(2) pot
(3) say
(4) boy
(5) pan $\qquad$
3. Answer the following questions.
(1) Who was Joy?
(2) Whom did Joy like very much?
(3) W hom did Tommy see coming?
(4) Why did Joy cry?
(5) W ho did lead Joy home?
(6) Do you think that J oy and Tommy are best friends? W hy?

## 4. Fill in the blanks.

(1) Joy liked $\qquad$ very much.
(2) Joy and Tommy began to.
(3) Tommy saw a ... ... passing by.
(4) A nd Tommy and Joy reached... ... ... ... . safely.

## 5. W rite a few lines on your favourite pet.



## 3. It's a Funny W orld !

1. Look and say.

Oh! Look at the things in the picture. Do you believe them?
Spot the funny things happening in the funny world.

2. Write how these things happen in our world.

For example: Fish live in water. Fish do not hang from trees.
3. Build word pyramid.
Fish

Five fishes
Five fishes live
Five fishes live in the water Five fat fishes live in the cold water.


## 4. Crossword

1. Look and solve the crossword puzzle.


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