







## Respiration

- The breaking of the C-C bonds of the substrates (complex compounds) through oxidation within the cells, leading to a release of a considerable amount of energy, is known as respiration.
- The process of respiration occurs inside a living cell. Hence, this process is also known as **cellular respiration**.
- Location of respiration: Cytoplasm and mitochondria
- Cellular respiration involves:
  - Breakdown of substrates
  - Release of energy in the form of ATP
- Cellular respiration occurs inside living cell.



## **Respiratory Substrates**

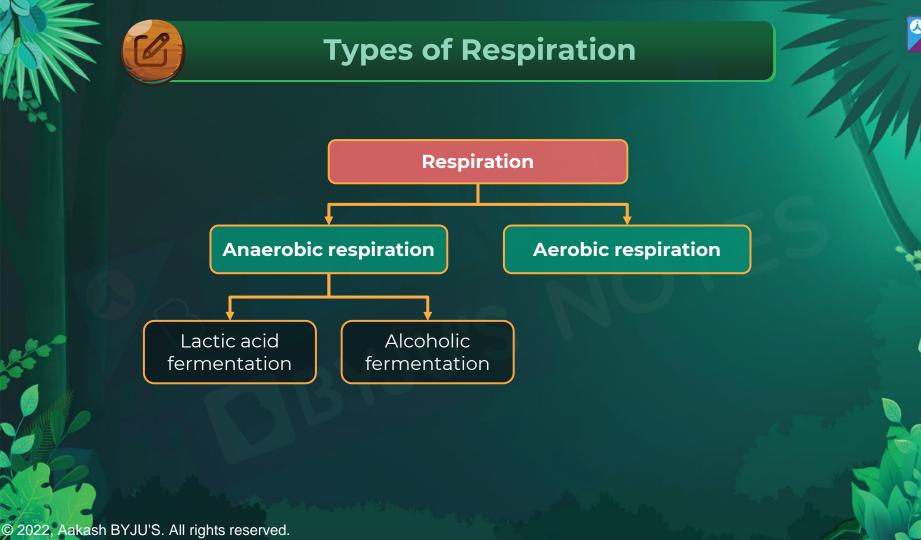
- Definition: Those organic substances which are oxidised during respiration to release energy inside the living cells are termed respiratory substrates.
- Example: Carbohydrate (primary), fats & proteins
- ATP acts as the energy currency of the cell.
- The energy trapped in ATP is utilised in various energy-requiring processes of the organisms.



## **Types of Respiration**

#### Based on the availability of oxygen

Characteristics	Aerobic respiration	Anaerobic respiration
Breakdown of glucose	Occurs in the presence of oxygen	Occurs in the absence of oxygen
Occurs in	Cytoplasm, mitochondria and aerobic microbes	Cytoplasm and anaerobic bacteria





## **Breathing in Plants**

Apertures responsible for gaseous exchange in plants

#### **Stomata**

- Present on the surface of leaves
- Their opening and closing facilitates gaseous exchange

#### Lenticels

- Present in thick woody stem and root
- Have loosely packed parenchyma cells that facilitate gaseous exchange



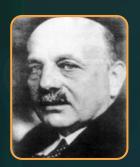
## **Glycolysis**



#### Glucose → 2x Pyruvic acid + Energy

It is a metabolic pathway consisting of several steps.

Each step is catalysed by an enzyme.



Gustav Embden



Otto **M**eyerhof



J. Parnas

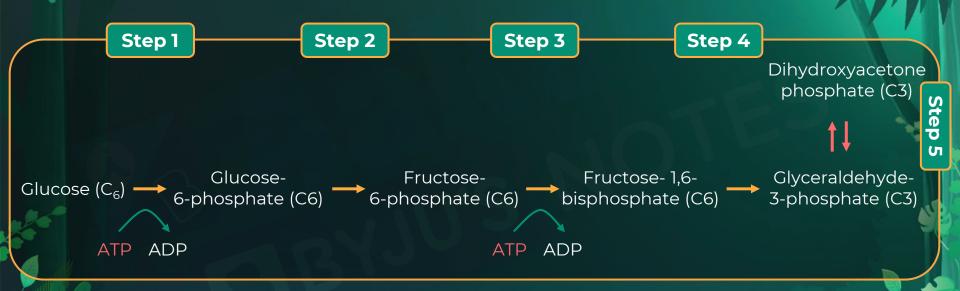
- First phase of cellular respiration
- Glyco = Sugar, Lysis = Splitting
- Also called EMP pathway
- Common to most living cells
- Does not require oxygen
- Glucose is partially oxidized
- Takes place in the cytoplasm

**EMP** pathway



## **Glycolysis: Preparatory stage**





(C3) 2ADP 2ATP

Step 9

Step 8

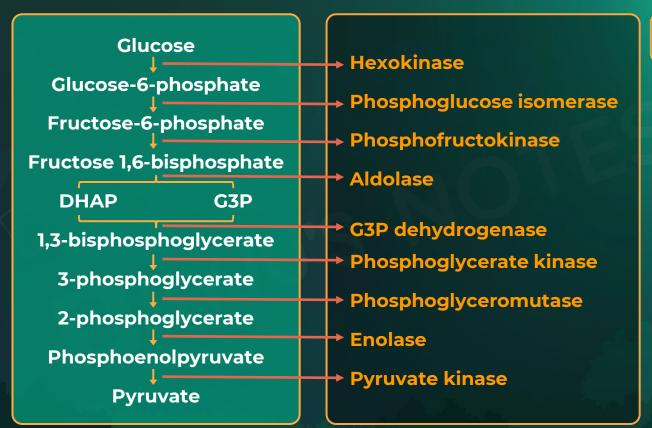
Payoff stage



## **Glycolysis: Enzymes Involved**



Molecule name



**Enzymes** 



# **Glycolysis: Net Gain**



•	Investment/ Return	Step	No. of ATPs gained	No. of ATPs gained per glucose molecule
	Investment	Glucose → Glucose-6- phosphate	-1	-1
	Investment	Fructose-6-phosphate → Fructose-1,6 -bisphosphate	-1	
	Return	1,3- Bisphosphoglycerate → 3-Phosphoglycerate	Sil	2
	Return	Phosphoenolpyruvate → Pyruvate	1	2
	Total			2



## **Anaerobic Respiration**

B

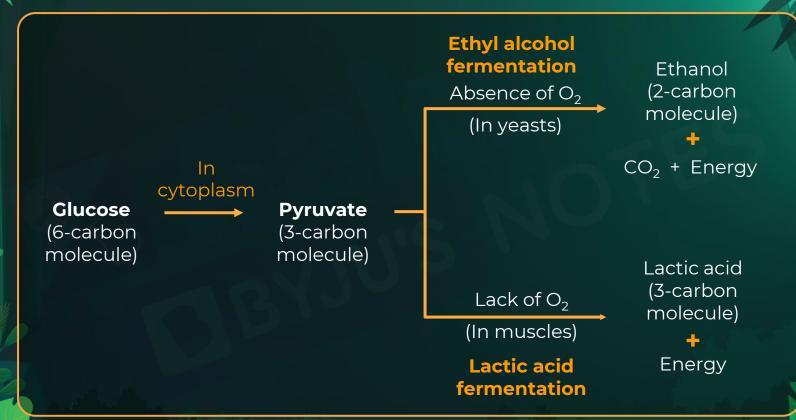
- Anaerobic respiration is a type of cellular respiration that occurs in the absence of oxygen in cytoplasm.
- Fermentation is the process of release of energy in an enzymatically controlled stepwise partial degradation of organic food (glucose) in the absence of O<sub>2</sub>.

Lactic acid Alcoholic fermentation



## **Anaerobic Respiration**



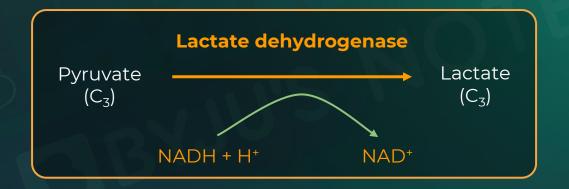




#### **Lactic Acid Fermentation**

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- In lactic acid fermentation, incomplete oxidation of glucose takes place under anaerobic conditions by sets of reactions where **pyruvic** acid is converted to lactic acid without any release of CO<sub>2</sub>.
- NADH gives electrons and hydrogens to pyruvic acid.

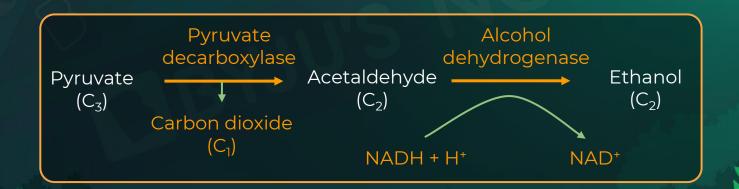




#### **Alcoholic Fermentation**

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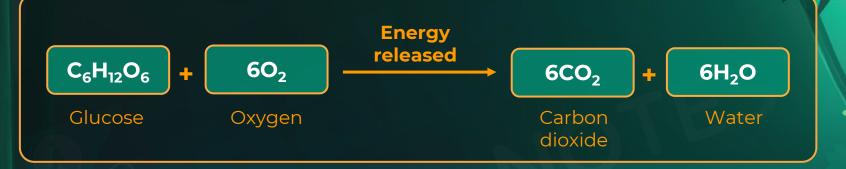
- Pyruvate decarboxylase catalyzes release of carbon dioxide from pyruvate and results in formation of acetaldehyde and carbon dioxide.
- Alcohol dehydrogenase, catalyzes oxidation of NADH to NAD<sup>+</sup>, on the cost of reduction of acetaldehyde to ethanol.
- Yeasts poison themselves to death when the concentration of alcohol reaches about 13%.





## **Aerobic Respiration**





- Aerobic respiration leads to a complete oxidation of organic substances in the presence of oxygen, and releases CO<sub>2</sub>, water and a large amount of energy present in the substrate.
- It is most common in higher organisms.



## **Aerobic Respiration**



In the mitochondria

Oxidative decarboxylation

Kreb's cycle

Electron Transport System (Oxidative Phosphorylation)

Mitochondrial matrix Mitochondrial matrix

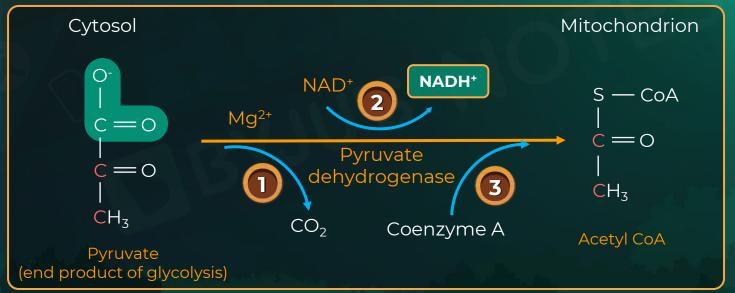
Cristae (inner membrane)



## Oxidative Decarboxylation



- A carboxyl group from pyruvate is removed to form  $CO_2$  **Decarboxylation**.
- The 2-carbon molecule loses electrons ----> NAD+ to NADH Oxidation.
- 2 carbon acetyl groups formed react with coenzyme A to form acetyl CoA.





#### **Krebs Cycle**

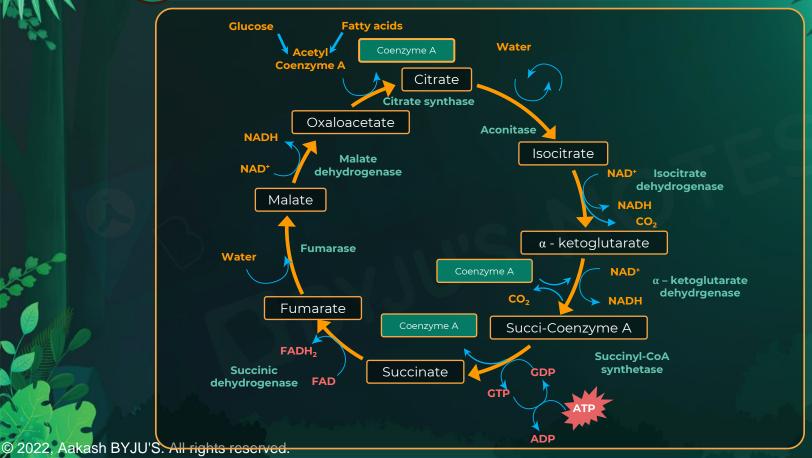


- The acetyl CoA then enters a cyclic pathway, Krebs' cycle.
- It is also known as tricarboxylic acid cycle or citric acid cycle.
- It was elucidated by Hans Krebs.
- Krebs' cycle starts with condensation of acetyl CoA with oxaloacetate in presence of a condensing enzyme citrate synthase to form a tricarboxylic, 6-carbon compound called citric acid.
- It is the 1st product of Krebs' cycle and CoA is liberated.



## **Krebs Cycle**

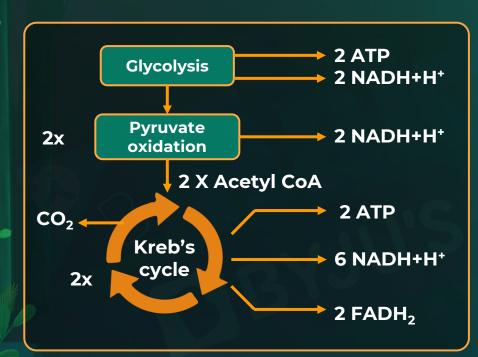






#### **ATP Yield**





Glucose is broken down to release CO<sub>2</sub> and

- 10 molecules of (NADH + H<sup>+</sup>)
- 2 molecules of FADH<sub>2</sub>
- 4 molecules of ATP (2 in TCA cycle and 2 in glycolysis) are produced.



#### Role of NADH and FADH<sub>2</sub>

- NADH and FADH<sub>2</sub> are:
  - o Co-factors: They are non-protein chemical compounds or metallic ions that are required for the enzyme's activity as a catalyst.
  - **Electron carriers**: Both carry two electrons per molecule from the earlier respiration processes.
- The electrons from NADH and FADH, are donated to an electron acceptor.
- Transfer of electron occurs through a series of steps that are meant to create a lot of ATPs.



### **Electron Transport System**

- The metabolic pathway through which the electron passes from one carrier to another, is called the electron transport system (ETS).
- Location: Inner membrane of the mitochondria.
- Components:
  - o Complex I, II, III, IV Help with electron transport
  - Complex V Helps in synthesis of ATP



#### **Complex I**

- Complex I (NADH dehydrogenase) It consists of 2 prosthetic groups
  - FMN (Flavin mononucleotide)
  - FeS (iron-sulphur complex)
- Here, NADH gives up the two electrons and gets oxidised to NAD\*.
- These electrons (one by one) are passed on to FMN.
- It moves from FMN to the iron sulphur cluster that gets reduced from ferric ion (Fe<sup>3+</sup>) to ferrous ion (Fe<sup>2+</sup>).
- **UQ** or **ubiquinone** is a **mobile electron carrier** closely associated with the complex I.
  - It carries 2 electrons (e-), 2 protons (H+) (taken from matrix) across to the next stage.



#### **Complex II**

- Complex II (Succinate dehydrogenase) consists of:
  - FAD (Flavin Adenine Dinucleotide)
  - FeS cluster
- UQ the mobile electron carrier is also present.
- Succinate, present in the matrix, transforms to fumarate in Krebs' cycle and donates two electrons to complex II.
- FAD takes up both the electrons and hydrogen from succinate to become FADH<sub>2</sub>.
- These electrons then move to the iron sulphur cluster, **reducing Fe<sup>3+</sup> to Fe<sup>2+</sup>.** Now FADH<sub>2</sub> becomes FAD by losing the 2H<sup>+</sup>.
- UQ picks up the two electrons and 2H<sup>+</sup> from matrix to become UQH<sub>2</sub>.



#### **Complex III**

- Complex III (cytochrome bcl complex) consists of
  - cytochrome b
  - o (Fe-S) cluster
  - o cytochrome c<sub>1</sub>
- UQH2 arriving from complex I and II interacts with complex III, resulting in pumping of 4 protons into the intermembrane space.
- One by one, electrons move from Cyt b → Fe-S → Cyt c<sub>1</sub>.
- Cyt c is reduced by accepting electrons from Cyt c<sub>1</sub>.
- Cytochrome c is a small protein attached to the outer surface of the inner membrane.
- It acts as a mobile carrier for transfer of electrons between complex III and IV.



#### **Complex IV**

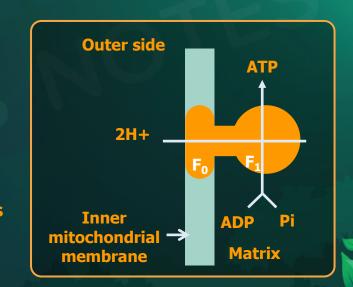
- Complex IV (cytochrome c oxidase complex) consists of
  - o cytochromes a and a<sub>3</sub>
  - two copper centres
- One by one, two electrons move from Cyt c of Complex IV
   (Cu<sub>A</sub> → Cyta→ Cyta<sub>3</sub> → Cu<sub>B</sub>)
- Further, two protons are pumped out into the intermembrane space.
- Also, two electrons are transferred to oxygen, which then binds with 2 H<sup>+</sup> to yield water.



## **Complex V**

B

- Complex V (ATP synthase) are coupled with complex I to IV when the electrons pass from one carrier to another.
- As the electrons are being transferred, the proteins pump hydrogen into the intermembrane space, creating an **electrochemical gradient**.
- This makes hydrogen pass through the ATP synthase.
- ATP synthase consists of two components:
  - F<sub>0</sub>: integral membrane protein complex that forms the channel for the passage of protons.
  - F<sub>1</sub>: peripheral membrane protein complex and a site for the synthesis of ATP from ADP and inorganic phosphate.





## **Complex V**



• For each ATP produced,  $2H^{+}$  pass through  $F_{0}$  from the intermembrane space to the matrix down the electrochemical proton gradient.





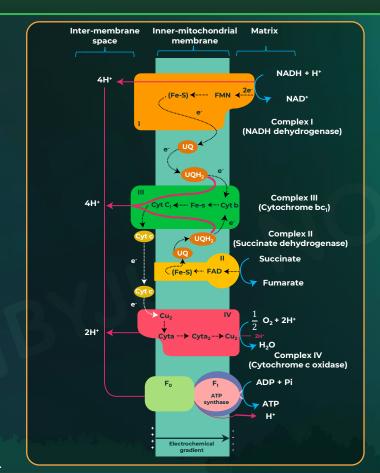
#### **Electron Transport System**

- The role of oxygen is limited to the terminal stage of the process.
- Yet, the presence of oxygen is vital, since it drives the whole process by removing hydrogen from the system.
- Oxygen acts as the final hydrogen acceptor.
- Unlike photophosphorylation, where it is the light energy that is utilised for the production of proton gradient required for phosphorylation, in respiration, the energy of oxidation-reduction is utilised for the same process.
- Hence, the process is called **oxidative phosphorylation**.



## **Electron Transport System**







## **Respiratory Balance Sheet**

Expectation	Reality
Net ATP yield = 38	Net ATP yield = 32
Pathway operates in the following sequence: Glycolysis - TCA – ETS.	All the pathways operate simultaneously.
None of the pathway intermediates are used to synthesise any other compound.	The entry and exit of molecules in cellular respiration can occur at any stage. They can be used to build other molecules.
Transfer of NADH requires no energy.	NADH produced during glycolysis needs to be transferred to mitochondria from cytoplasm, which requires 1 ATP/NADPH.
Glucose is the only substrate.	Other substrates might be used.



# **Respiratory Balance Sheet**

Anaerobic respiration	Aerobic respiration	
Partial breakdown of glucose	Complete breakdown of glucose into carbon dioxide and water	
Net gain of 2 ATP	Net gain of 30-36 ATP	
NAD⁺ from NADH is formed slowly	NAD <sup>+</sup> from NADH is formed very fast	



## **Amphibolic Pathway**

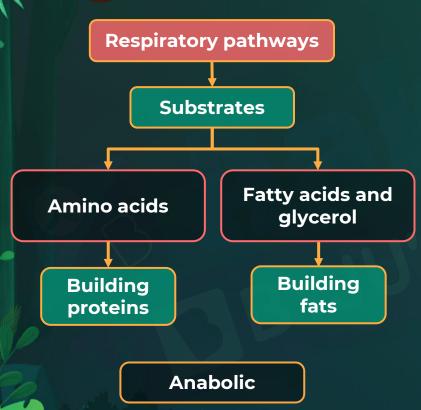
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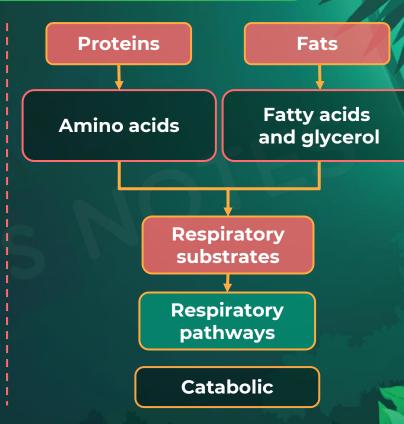
- When energy is required, proteins or fatty acids are broken down to form acetyl-CoA and dihydroxyacetone phosphate which are incorporated into the Krebs' cycle at their respective stages. This is catabolism.
- When the body requires fatty acids or proteins, respiratory pathway stops, and the same acetyl-CoA is utilised and fatty acids are manufactured. This process of synthesis is termed as anabolism.
- Hence the process is referred to as both catabolic and anabolic process respectively.
- Therefore, the respiratory pathway is considered to be an amphibolic pathway.

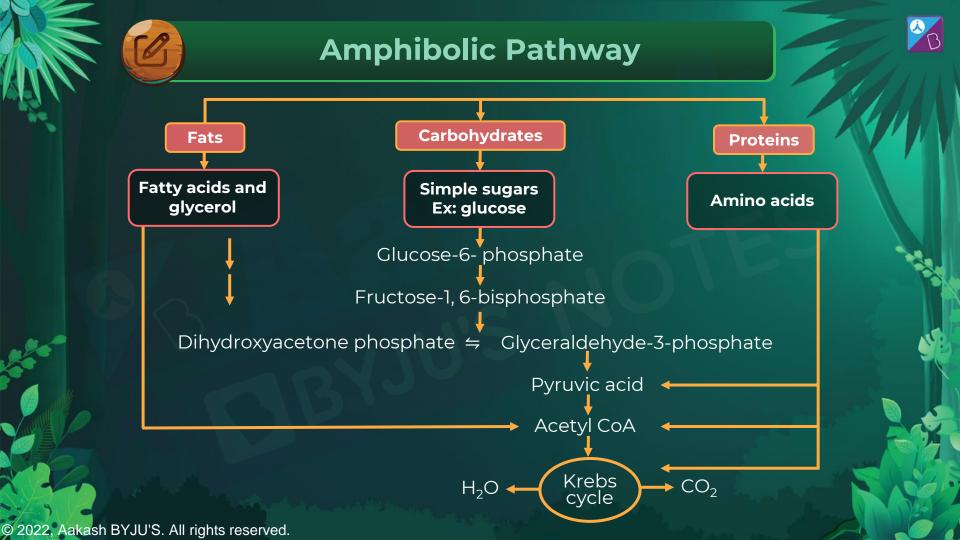


# **Amphibolic Pathway**











# **Respiratory Quotient**



- Respiratory quotient is the ratio of the volume of the carbon dioxide evolved to the volume of oxygen required for any respiratory substrate.
- The RQ ranges from 0 1.
- The knowledge about the RQ helps in identifying the respiratory substrate.

Volume of CO<sub>2</sub> evolved

Volume of O<sub>2</sub> consumed



# **Respiratory Quotient**



Respiratory quotient - Carbohydrates

$$C_6H_{12}O_6 + 6O_2 \longrightarrow 6CO_2 + 6H_2O + ATP$$

$$RQ = \frac{6 CO_2}{6 O_2} = 1$$

Respiratory quotient - Fats

$$2(C_{51}H_{98}O_6) + 145 O_2 \longrightarrow 102 CO_2 + 98 H_2O + ATP$$

$$RQ = \frac{102 \text{ CO}_2}{145 \text{ O}_2} = 0.7$$

Respiratory quotient of proteins is about 0.9



# **Respiratory Quotient**



Respiratory substrates

Carbohydrates

Fats

**Proteins** 

RQ

0.7

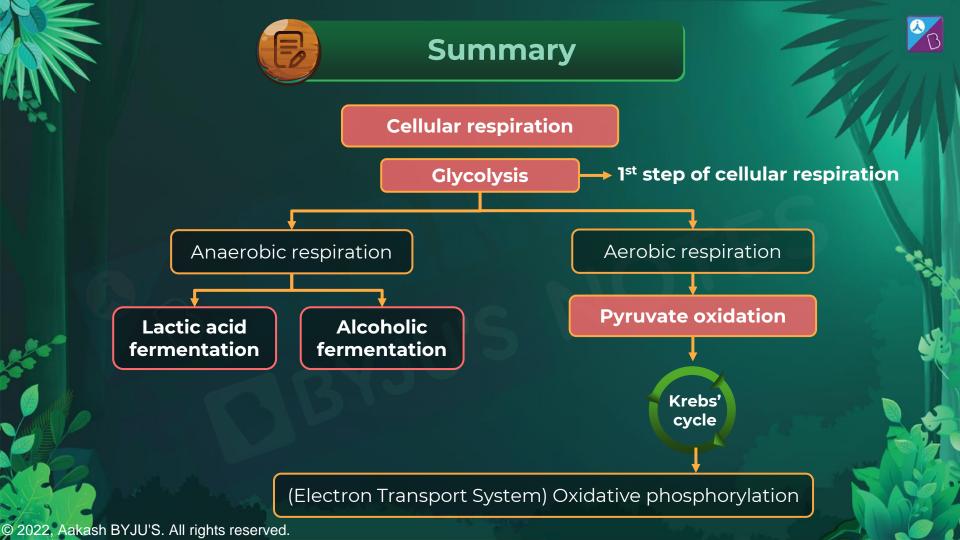
0.9

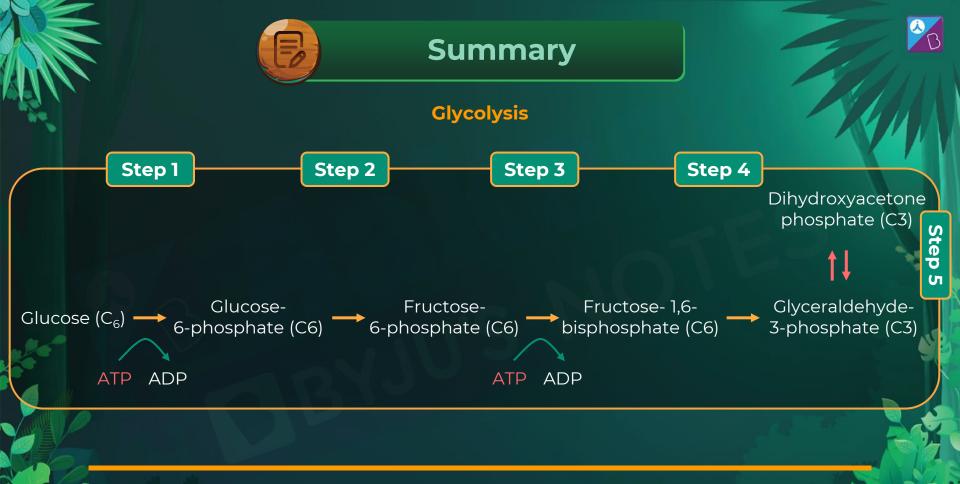
Gross calorific value (kcal/g)

4.1

9.45

5.65

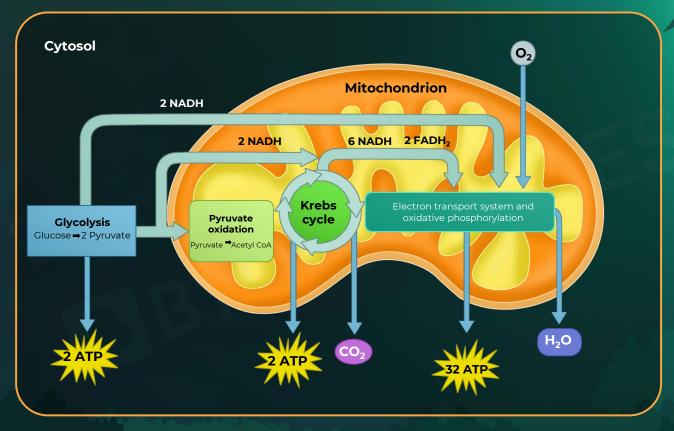




#### **Preparatory stage**

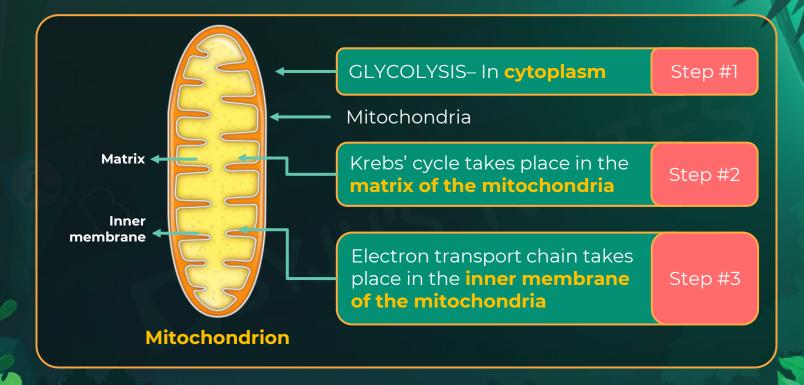






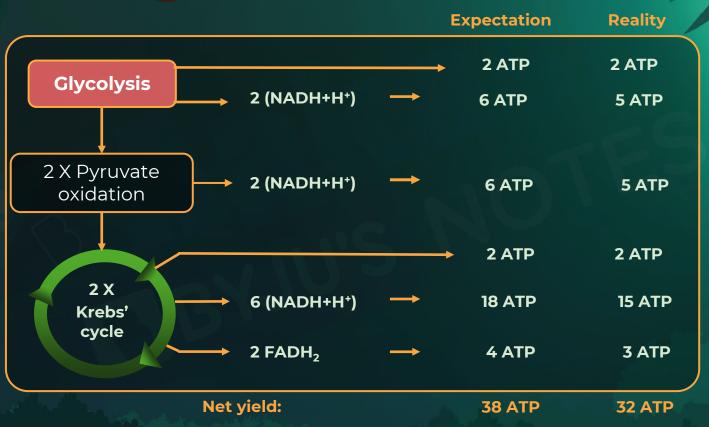














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